

A Study of 16 cases of STOMACH ULCERS and 9 cases of DUODENAL ULCERS in the Edgar Cayce readings.
Prepared for Edgar Cayce Foundation and the Association for Research and Enlightenment, Inc., Virginia Beach, Va.

ULCERS

by Hezekiah Chinwah, M.D.,
of the A.R.E. Clinic in
Phoenix, Az. Aug. 9, 1979

Stomach Ulcers (See p. 3 for Duodenal Ulcers)

Ulcerations of the gastrointestinal tract, particularly the stomach and duodenum, is a relatively common disorder which in most cases is associated with hyperacidity (at least in benign lesions). The increased acidity is brought about by a variety of mechanisms which again can be translated into disturbed function in the nervous, circulatory and digestive systems.

It is now commonly accepted that people under high stress situations, e.g., tension jobs, the critically ill patient, etc., have a greater tendency to develop ulcers. It is also known that there is ulcer diathesis with increased levels of steroid, whether endogenous (as in Cushon's disease) or exogenous (as in people on steroid therapy for various reasons). Yet another variation is found in the Zollinger-Ellison Syndrome, a condition associated with a gastrin (a hormone) secreting tumor of the pancreas which in turn stimulates excessive acid production leading to ulcerations.

Malignant ulcers are more often associated with normal or low acid level, which probably reflects a process of degeneration (from chronic irritation) from an initially benign lesion. The rapidity of such a degeneration would depend on the presence and intensity of a multitude of carcinogenic stimuli and inherent weaknesses (predisposition).

Turning now to the readings on stomach ulcers, we find that in reading 39-1, the inciting agent was excessive mental stress which brought about changes in the nervous and muscular activity leading to impairment in organ function: first the spleen, heart and solar plexus were affected and then the stomach. The exact role of the spleen in the process of digestion is not well defined but seems to have to do with enhancement of digestive juices.

Malpositioning of the stomach then occurred with disturbances in pyloric sphincter activity, regurgitation of food (and thus digestive pancreatic enzymes) into the stomach, leading to lacerations and ulcerations.

The disturbed activity in the nervous system with attendant circulatory changes (these always go hand in hand) were responsible for a variety of symptoms and signs reflecting other organ system dysfunction, described in the reading.

In the majority of cases disturbances in assimilation and elimination were seen to be the underlying problem. The organs commonly involved are the stomach, pancreas, spleen, liver, kidneys, but other organs may also be reflexly involved.

A representative case is 732-1, in which there was deficiency in the secretions from the liver and gallbladder leading to overacidity and ulceration in the stomach, regurgitation of food into the stomach, impaired circulation, poor eliminations through the blood, lymphatics and gut. Pyloric sphincter disturbance and regurgitation into the stomach seems to be a fairly common feature, either causing the ulceration or being an associated condition.

It was indicated in reading 3570-1 that this disturbance in the process of digestion/assimilation was brought about by an "overloading of the system" (overeating?) and that the resulting abnormalities were being perpetuated by an inadequate diet consisting of just fruits and vegetables (more on this under Rationale of Therapy).

A somewhat different mechanism in the pathogenesis of ulcers has its origin in lesions in the spine (of traumatic origin or otherwise) usually in the 3rd-5th dorsal centers (4786-1, 5641-1). Impaired nervous impulses result in malpositioning of the stomach, overacidity, sphincteric disturbances and ulcerations in the stomach. In reading 5641-1, this patient had even undergone corrective stomach surgery but continued to have problems because the seat of the problem in the spine had been overlooked.

Ulcers more often occurred at the lower end of the stomach, though in one instance (4786-1) the cardiac position (i.e., the upper portion) was involved and even the intake of water was quite painful in this instance. Widespread inflammation along the digestive tract may be seen as a complication.

Other mechanisms mentioned include deficiencies in the quality of the blood with functional abnormalities eventually leading to ulcerations (3768-1, 5440-1); cold and congestion settling in areas of weakness in the stomach thus producing ulcers (5421-2).

In summary, ulcerations are brought about primarily by disturbances in the processes of digestion, assimilation and elimination; other causes include spinal lesions, mental stress, circulatory disturbances, etc., which again reduce to the basic triad seen in all the readings, i.e., the digestive, nervous and circulatory systems. What affects one of these systems eventually affects the others if compensatory mechanisms are inadequate.

The importance of the digestive system in this whole process is reflected by the following passage (5641-1, p. 80, lines 4-13):

...The vibratory forces of a body are made up of the cellular units of that as is created by the digestive forces of the body, as they carry to the various portions of the system that necessary to resuscitate the living organisms of the body, that must reproduce themselves in the living organism. When these impulses are such (as is here) as to bring more of acids, or more of those impulses that bring those of distress to a body, acting through the forces of the normal activity of brain itself, the impulses can be none other than that...

Duodenal Ulcers

The factors leading to the formation of duodenal ulcers are similar to those described under stomach ulcers. It is therefore not surprising that both conditions quite often coexist in the same individual. For this reason, it is recommended that the reader also consult the Circulating File on Stomach Ulcers for additional details and read the section on Stomach Ulcers above.

In brief, the causative factors described in the readings include:

(1) Stress, described as overtaxation and general debilitation in the digestive system in the case of a 29-year-old person (137-94). The stress may be primary as in the case of attitudes (negative), nervous personality, or secondary to some other disease process which creates anxieties (1724-1, 5426-1).

(2) Disturbances in digestion, assimilation and elimination which may in turn be caused by other conditions; for example, intestinal flu (1724-1), adhesions (5021-1), abnormalities in the liver and gall bladder (4885-1, 5426-1), blood deficiencies leading to an overacid condition (5487-1) to name a few.

In the case of 1724 (caused by intestinal flu), the reading was given in 1938 and the patient only recalled a mild case of flu in 1918 with no gastro-intestinal symptoms!

Common to all the conditions cited above are congestive changes which bring pressure to bear on nerve ganglia, producing a wide variety of effects (symptoms). In case 137-95, for example, congestion in the gastric and hypogastric regions led to impaired ability to eliminate, which then threw toxins into the upper circulation creating pressures in the head and neck region. This point is further illustrated by the following passage from 1724-1:

Also reflexes are produced, of course, upon all the activities of the system through the digestive forces. Hence ALL the organs of assimilation become involved at times--as the activity of the liver, the spleen, the pancreas; as well as the eliminating forces and the excess condition for the activity of the kidneys, of course, in carrying off the disturbing forces.

Again the majority of cases seem to fall into the category of disturbed function in digestion, assimilation and elimination which arise from other causes.

Rationale of Therapy for Ulcers

The main thrust of the treatments should be directed at correcting the underlying problem in addition to treating distressing symptoms. In some cases it may not even be possible to address one's full attention to the underlying

-4-

problem until distressing symptoms are under control. Thus therapy may be approached in the following manner:

1. Treating distressing symptoms, since this is what often brings the patient to the physician, e.g., treatment of pain, nausea, excessive gas, etc. Other symptoms of reflex origin may include headaches, dizziness, weakness, even pain and heaviness in the extremities, reflecting circulatory disturbance. Not all these symptoms need be treated individually since by correcting the underlying problem these usually resolve themselves.
2. Correcting the underlying problem. This is sometimes difficult to do since the original cause may be far removed in time and space (place) from the existing problem. In this instance when a simple approach proves ineffective one has to rely on one's intuition (or seek the help of a reliable psychic) or try a "shotgun" approach consisting of using all or most of the modalities under the section on treatments (this would be rather infrequent).

These would be aimed at:

- a) Correcting digestive disturbances through proper diet, digestive aids, etc. One needs to be careful here as a completely natural diet, when too restricted and carried on for long periods, is not necessarily beneficial, as reflected in reading 3570-1.
- b) (i) avoidance of excessive strain on the nervous system through proper mental and emotional attitudes.
(ii) Correction of spinal lesions.
- c) Correction of circulatory disturbances.

Suggested Therapy Regimen

This should be as simple as possible to promote patient compliance. In more severe cases or where the underlying problem is obscure, one may need to use all or most of the therapeutic modalities outlined below.

1. Symptomatic Treatment

- a) Castor oil packs over the stomach, duodenal and liver areas to improve lymphatic drainage, reduce inflammation and relieve pain.
- b) Grape poultice over the stomach and duodenal areas to relieve pain due to excessive gas formation; this could be used daily for two hours at a time (1970-1). This may be alternated with Glyco-Thymoline or Lavioris packs (5216-1).
- c) Reducing intestinal acidity through charcoal prepared with honey (no directions on preparation). This would carry six times its weight in acid out of the system (5641-1).

d) Others

- (i) Use of Glyco-Thymoline to soothe intestinal irritation, 5-10 drops per glass of water twice daily; 2-3 drops may also be taken with elm water twice daily (4148-1, 4464-1).
- (ii) Taking olive oil by mouth 1-2 teaspoons 2-3 times daily to promote healing.
- (iii) Combination of cinnamon and lime water helps to relieve nausea (5641-4). (See 5641-4 for directions on preparation). May be taken in sips every few minutes.
- (iv) Massages once or twice a week using various oils. One suggestion was a combination of olive oil and myrrh.

2. Diet

This is of paramount importance since ulcerations and lacerations are invariably associated with inflammation and congestion, thus leading to digestive, assimilative and eliminative difficulties. The food intake should therefore be one that is easily digested and assimilated, leaving very little in the way of wastes to eliminate. Examples:

Vegetables and Fruits. All types of vegetables, but tuberous ones should be avoided in plethoric conditions; all fruits except raw apples, bananas and acid-producing fruits.

Liquids. Natural juices as tolerated, including citrus juices. Beef juice, 2 teaspoons 3-4 times daily. Herb teas such as yellow saffron, elm tea or elm water (pinch of elm in a glass of water). In one instance only these two drinks (saffron, elm) were prescribed exclusively as liquids (3763-1). Milk and crackers could also be used initially as well as jelly, gelatin, beef juice, liver and liver extracts in small doses, etc. In one instance (5226-1) egg enemas were prescribed for nutrition since oral intake was difficult. Carbonated waters should be avoided in general but may be helpful in moderate amounts in some cases. The diet may then gradually be increased after about 10 days.

Solids. Whole grain cereals, bread, fish, fowl, raw egg in malted milk are very good. Avoid fried foods, starches and other meats.

Digestive Aids. The teas mentioned above would stimulate better function and thus aid digestion. The following prescription may also be used: 10 drops of essence of lactated pepsin in one teaspoon of milk of bismuth or milk of magnesia in a glass of water twice daily. This may be alternated, and would stimulate better digestive juice flow. (556-2)

-6-

3. Maintaining proper eliminations

This is especially important if this is the basis of the disorder. Step #1 will already aid in this, but in addition, regular colonics should be used. The frequency would be somewhere from 3 within a 10-day period to 4-5 at 10-day intervals.

Olive and white oils may also be used as enemas (5440-1).

Castor oil packs to stimulate lymphatic drainage generally over the liver, stomach and duodenal areas. The castor oil packs may be used 5 days in a row.

Begin Eno Salts each morning after the first castor oil pack (1 teaspoon in a glass of water). After the fifth castor oil pack, take a whole bottle of Castoria, 1/4-1/2 teaspoon every 30 minutes. (3570-1)

4. Mechanical Aids

Elastic stomach brace to correct malpositioning of the stomach. Manipulations would also be helpful, especially when spinal lesions are at the root of the problem.

Electrically driven vibrator over the spine (556-2).

Ultraviolet light treatment.

Light, color and sun treatment.

Radium appliance (no longer available).

Radioactive appliance to balance the circulation.

5. Others

For adhesions: Castor oil packs 5 days on, 5 days off. Follow with olive oil, at least 1 tablespoon after the 5th day (night or morning). Massage area after each castor oil pack (not too vigorously) with olive oil (heated) 2 oz., peanut oil 2 oz., and lanolin (melted) 14 oz.

Prescriptions

For cleansing the blood in case of poor eliminations:

To 16 oz. of water (distilled water), add
6 oz. Wild Cherry Bark.

Reduce by simmering (not boiling) to one-half the quantity. Add to this, when strained,

2 oz. of cane sugar, dissolved in 1 oz. of hot water.

(continued)

6C

-7-

Reduce, then, to 6 oz. Then add:

Elixia Calisaya	1 oz.
Elixia Peruvian Bark	1/2 oz.
Tincture Valerian	1/2 oz.
Fluid Extract Burdock Root.	1/2 oz.
Fluid Extract Poke Root	20 minims
Podophyllum (dry)	3 grains

Cut in 2 oz. of grain alcohol, 3 drams Balsam of Tolu. Add all this to the solution. The dose of this would be a teaspoonful 3 times each day, taken before meals. (3968-1)

A variation would be:

Dogwood Bark	2 oz.
Prickly ash bark	2 oz.
Bucho leaves	1/2 oz.
Black root	2 oz.
Elder flower	4 oz.

This should be put into one gallon of water, reduced by simmering, not boiling, to one quart. Strain; and add 1/2 pint spiritus frumenti, 8 years old, with 6 oz. of sugar, beet sugar preferred. A dose of this would be a tablespoon 4 times each day. (3968-1)

For coordinating the nervous system and eliminations:

To 2 oz. of simple syrup, add:

Compound Syrup of Sarsaparilla	1/2 oz.
Tincture Valerian	1/4 oz.
10% solution Iodide of Potassium	20 minims
10% solution Bromide of Potassium.	10 minims
Elixir Calisaya	1/4 oz.

Then add to these solutions--when they are combined--1/2 oz. grain alcohol. Shake solution together before the dose is taken. Take a dose about 3 times each day, 1/2 to 3/4 teaspoonful, either plain or in water. (137-101)

6. Finally, one should have a proper mental and emotional outlook, avoid stress and have adequate rest during the acute phase of the illness.

-8-

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August 9, 1979

Readings consulted:

Ulcers: 39-1
556-2
732-1
1834-1
1970-1
3570-1
3768-1, 2
4148-1
4464-1
4786-1
5216-1
5226-1
5421-1, 2, 3
5440-1
5618-1
5641-1, 2, 3, 4, 5

Duodenal Ucers: 137-94, 95, 96, 101
481-4
1724-1, 2, 3
3968-1
4885-1
5021-1
5216-1
5426-1, 2
5487-1

INDEX OF READING
by J.M.S.4/7/60

Appliances:Radium

39-1
M. 41 yrs.

p. 3, par. 8
A-4

Diet

A-1

Diet:Vegetables:Tuberous:Plethora

A-1

Digestion:Indigestion

p. 2, par. 2

Mind:Conscious:Strain

p. 1, par. 1
p. 2, par. 2

Osteopathy

p. 3, par. 6, 7
A-4

Prophecy:Prognosis

A-2, 5

Psychosomatics

p. 2, par. 2
p. 3, par. 3

Sensations & Symptoms:Nausea

p. 2, par. 2

:Pain:Heart

p. 2, par. 2

Stomach:Colic

A-4

:Dropped

p. 2, par. 2

Supports:Abdominal

p. 3, par. 7
A-4

Ulcers:Stomach

Underweight:Assimilation, Poor

A-3

4/1/27 Questions submitted - see in reading.

m. 41 yrs.
Occupation: Stylist

This psychic reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 26th day of April, 1927, in accordance with request made by self - Mr. [39], via David E. Kahn.

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

[39]

Time of Reading
11:40 A. M. Eastern Standard Time.

... Avenue,
New York City.

Mrs. C: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time, giving the cause of the existing conditions, also the treatment for the cure and relief of this body, answering any questions I will ask you regarding same.

1 Mr. C: Yes. Now, we find these conditions as exist in the physical forces of this body, while the organs are disturbed in their functioning, and while there are some abnormal conditions to be met, the suggestions as may be given for the correction of these are as warnings, rather than as of conditions that are in that state of causing great distress at the present time; yet, as will be seen by correlating the existent condition with a normal functioning body under the same conditions, there will be many changes, and many disorders and disturbances seen; yet the body, as is seen, meets the needs of most of these, and well, under the strain as is exerted at times, but with the full correction of these conditions abnormal, and those conditions in distress at times, the body will be able to function nearer the normal and be better able to give more vital service and strength in the exercise of that being experienced in this particular life.

2 In the physical forces, then, we find as these:

I N T H E B L O O D S U P P L Y

3 This very good normally, and at present, yet there is seen that there are disturbances in the circulation through the condition as exists in the capillary circulation; for, as is shown there, there are conditions caused whereby, were the circulation normal and the organs of the body functioning in unison, these conditions would have been eliminated through their normal channels, rather than producing disturbances in portions of the body. There is also seen the condition as exists in the nerve systems - especially in that of the sensory system, and that condition in eyes, and in ears, and in taste, and in speech - that shows that this disturbance leaves drosses at times, by the use of these organs' functioning, and these in their turn of cycle show the disturbance has

- 1 been created from time to time in the body in the circulation as is necessary for a normal condition of a body.

IN THE NERVE SYSTEM

- 2 In this we find the seat or cause of disturbances in this body. To give the basic condition as produced same would deal with the mental, as well as the physical forces, for the body has been at times back under great mental strain, and with the depleted condition produced in the physical forces of the body the nerve systems, and especially that of the sympathetic nerves, have suffered in consequence. The effects as have been produced in the body from this condition are noticeable in the physical deficiencies as are produced in ganglions and in muscular tissue, as assist organs in their normal functioning. The very nature of these conditions is from the activity of spleen, heart, and the solar plexus. While the result from these conditions is a physical condition existent in the stomach proper, for with the relaxation of the muscular forces through the nerve plexuses as governing the muscular conditions that hold or contract the orifice of the stomach proper, this has been allowed to drop downward. Hence we have an improper kilt (?) to the stomach itself. This would be indicated by an X-Ray - in its position, see? This has produced, then, the tendency of the regurgitation in the intestinal digestion, and an engorgement in the spleen itself. Hence we have produced a laceration in the gastrics or pyloric orifice of the stomach proper that causes the return, as it were, of foods occasionally to this portion of stomach. Irritation is set up, and immediately there is the reaction through the hypogastric and pneumogastric nerve centers to the brain, to the organs of digestion through the stomach proper, and until these are relieved by the return, as it were, of these properties to the system in their normal channel, there is distress, pain, over-activity in the heart - all of the nerves of this region becoming involved. This is spasmodic, or intervals, or when cycle of functioning brings about, or under great stress of mental condition, or of the lack of proper nutriment to the digestive system to prevent this return. When the sympathetic conditions are the more active, the greater stress mentally will bring these on the sooner, see?

- 3 These are the physical defects, from the nerve center in the 5th, and 6th, 7th and 8th, dorsal, see?

IN THE FUNCTIONING OF THE ORGANS THEMSELVES

- 4 The brain forces of this body very good.
- 5 Organs of the sensory system show that stress and strain of this reaction as is produced in the hypogastric, which affects then the secondary cardiac, and in turn gather in or produce a strangulation to the nerve that functions with the circulation and nerve nutriment to face, head, and the neck. Hence cutting off proper nutriment to the organs of the sensory system.
- Lungs are very good, save as sympathetic conditions.

1 Heart action good, save as this same sympa-
2 thetic condition.

3 Stomach and digestive system in same, that
4 condition as has been described, and as must be warned against.

5 Spleen, pancreas, liver, and the function-
6 ing of the duodenum and its juices, shown through that as has been
7 given how that this reaction occurs, and without proper correction
8 - unless the body was kept in a very even-tempered manner, even keel,
9 even distribution, and easy with the mental forces - would be very
10 detrimental, unless this is kept you see, under the existing condi-
tion. Yet, corrected, the body may meet many conditions, mentally,
morally, and financially. Yet it would be hard, under any stress,
in the present condition.

1 In this same reaction through the hypogas-
2 tric the hepatic circulation becomes involved, by inflammation, of
3 course, as is produced. Then that overtaxation to the kidneys, and
4 the pressure as is produced on the lower portion of the body, and a
5 retarding of capillary circulation through the lower extremities.
6 These are results.

7 Now, to meet these conditions under the
8 present forces:

9 First we would through manipulation - at
10 least three to five (3 to 5) such manipulations, osteopathically -
correct those conditions, loosen those tautnesses, and relax the
body thoroughly, especially through the dorsal region, manipulating
gently all over, see?

1 After the three to five (3 to 5) have been
2 taken, use that as a bandage - which may be elastic, or which may
3 be as a bandage - that would be about the body to hold stomach in
4 proper position, see? so that we lift the nerve strain off of the
5 body. This will be necessary to be worn for at least three to four
6 (3 to 4) months, see?

7 And apply across the 5th and 6th dorsal
8 that of the Radium Appliance, in the normal pad, which will give
9 electrification to the nerve and clarification to the blood supply,
10 which will - with the normal position of the organs, and with the
normal functioning of the body under proper adjustment - bring about
the normal forces for this body.

1 Do that.

2 Ready for questions.

Q-1. What foods can be eaten and what foods should be avoided?

A-1. The body may under these conditions take those foods as have
been found good for the body. As we would find here, there is neces-
sary the change, as is seen, from time to time to meet the needs.
Vegetables - especially those that grow above the ground. Tomatoes
(potatoes may be taken in moderation), celery, lettuce, beans, lentils,

and greens of every nature, see? Those of the tuberous nature avoid, unless these conditions are corrected, for tuberous vegetables, with a plethora condition, not good, though they may be taken in moderation. But make these corrections - then eat anything!

Q-2. How long will it take to restore me to full health and strength?

A-2. Three to four (3 to 4) months.

Q-3. How can the body regain the normal weight?

A-3. Correct the system so that the assimilation of the body is more normal in the blood supply and in the nerve system, and that these conditions agree with the body; for, as is seen, with these corrections the normal weight comes about with nature of itself.

Q-4. What causes the periodic attacks of gas and colic which commence from no apparent reason?

A-4. The condition as described - position of the stomach and laceration as has been produced, or is produced at times in the gastrics or the pyloric orifice of the stomach proper, by its improper position. Hence the bandage or the elastic as is to be worn about the body, and the re-adjustments through the manipulations that should be taken first.

Wear the Radium pad at all times, see? and also wear this elastic, until the body has assumed its normal contraction, by the building up of those vibrations set by the pad, see?

Q-5. How many osteopathic treatments will be necessary to correct the condition?

A-5. Three to five (3 to 5), as given.

Mrs. C: That is all the questions.

Mr. C: We are through for the present.

5/1/27 Letter: "Many thanks for reading to hand. It is truly wonderful and I feel that at last the trouble's cause is indicated. Needless to say I am acting immediately on all the advice given. Practically all the symptoms are accurately described."

"Of course I am anxious now to get the Life Reading, particularly as I want to be guided on the right business career."

5/18/27 See 39-2, his L-1.

INDEX OF READING
By: J.M.M. 5/4/66

556-2
M. 56 yrs.

Adhesions:Lesions

Anemia

Assimilations:Eliminations:Incoordination

Clairvoyance of EC:Conditions Confirmed

GD's note page 3

Diet:Beef Juice:Anemia
:Beverages:Milk:Bulgarian
:Ulcers:Stomach

p. 2, par. 10
p. 2, par. 7, 8
p. 2, par. 7, 8, 10

Electrotherapy:Vibrator:Adhesions:Lesions

p. 2, par. 9; A-5

Exercise:Warnings

A-2

Insomnia:Adhesions:Lesions

A-5

Intestines:Stricture

p. 2, par. 5

Nervous Tension

Physiotherapy:Baths:Cold:Nervous Tension
:Hot Assimilations:
Eliminations:Incoordination

A-3

A-4

Prescriptions:Bismuth,Milk of:Ulcers
:Magnesia,Milk of:Ulcers
:Pepsin,Lactated,Essence:

p. 2, par. 8
p. 2, par. 8
p. 2, par. 8

Ulcers:Stomach

Background - See 556-1, a Mental-Spiritual Rdg., on 556-2
5/22/34. 6/23/34 He & his wife, Mrs. 2470, & little M. 56 yrs.
son, 1519, with a friend - a Mrs. Browne, who was supposed to be psychic -
were present for his Phys. Rdg. for a condition thought to be ulcers
of the stomach.

This Psychic Reading given by Edgar Cayce at his home on Arctic
Crescent, Va. Beach, Va., this 23rd day of June, 1934, in accordance
with request made by the self - Mr. [556], Active Member of the Ass'n
for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.
Mr. [556], Mrs. [2470], and son, Mildred Davis and a Mrs. Browne.

R E A D I N G

Time of Reading
5:00 to 5:20 P.M. EST

..., Va.

(Physical Suggestion)

Mr. C: Yes, we have the body here, [556].

As we find, there are conditions that disturb
the better physical functionings of the body. These have to do princi-
pally with the assimilating and eliminating systems, and the effect that
these have and do produce upon the body-physical.

These, then, are the conditions as we find them
with this body, [556] we are speaking of, present in this room:

In the BLOOD SUPPLY we find a low red and white
blood supply. Also the elements of same make an indication that there
are the elements lacking in the system, and the inability of the organs
of assimilation - under existent conditions - to produce or to keep an
even balance with that which is assimilated.

As to the NERVE SYSTEM, here we find a high
nerve tension, both in the cerebrospinal and the sympathetic nerve
system. Especially is this indicated in the centers where there should
be coordination in the locomotories, both in the lower or lumbar area and
in the brachial area. These particular centers show an irritation
as even above the normal of a high sensitive individual.

The ORGANS OF THE BODY: Activities through the
sensory system, as related to their reactions in the body, are very good.

The throat, bronchi, lungs, larynx, all of the respiratory system
while under stress is rather of a sympathetic nature; for with the lack of
the vitality necessary for keeping a normal balance the respiratory system
makes for that same reaction, and unless there is a building up of resis-
tances it would be very easy for other influences to affect take hold,
either in the bronchi or larynx or lungs - though only a sympathetic
condition exists in the present.

The heart action is sympathetic, yet with the low vitality of the
body and the tendencies of the blood supply to make for a faster circula-
tion - or an increased blood supply for the meeting of the conditions.

1 Hence the pulsation is above normal, for - as would be seen in the
present - it is almost ninety. In this condition we have a dilation
in the heart itself, or the ventricle in same; yet this is a sympathetic
and not an organic disorder.

2 In the digestive system, then, do we find the seat or the basis
of those conditions that have caused and do produce those reactions
that have at times been termed or felt to be possibly a cause of the
greater distress.

3 There has for some time back existed a lesion, or adhesion and
lesion, in the liver area; where these juices of the pancreas and of
the spleen tamper with - or temper with - the gastric juices of the
duodenum to make for proper distributions of the hydrochloric, lactic
and the influences in the digestive system. Hence we have had the
intestinal disorders of varying natures, and at times the inability
for the assimilation of any character of food, and the contraction
through those areas in the lacteal ducts as well as in the 2nd and
3rd folds in the jejunum has been in the form of a stricture reaction.
Hence the basis or the seat of those conditions that prevent the
normal reactions.

4 To be sure, with the regurgitation and those activities in the
system where there are the tendencies for the body to call on the
system, even through the sympathetic and the influences from without,
all of the vitality of the body is gradually being used up.

5 That there is the necessity of the addition of influences from
without, even though they be in the form of the activities that will
create for the body that upon which it may build, should be as active
as through the sympathetic or the imaginative or the higher influences
in the body.

6 Then, in bringing the better conditions
for this body, as we would find, this will require that there be pre-
cautions taken; yet these should be consistent with the needs as well
as the activities necessary for the body in its relationships to the
influences about the influences surrounding the body and its activities.

7 First we would begin with that almost wholly
of a Bulgarian milk diet, which will make for the producing of sufficient
of the lactic acids and the gastric juices as they are assimilated for
the body, in such a way and manner as to meet the immediate needs; pro-
vided these are balanced with:

8 Mornings and evenings we would take ten minims
of Essence of Lactated Pepsin; the one period in a teaspoonful of Milk
of Bismuth in a glass of water, the next period the same amount of the
Pepsin in a teaspoonful of Milk of Magnesia. These will combine with
the proper amount of the bacilli that will form from the activities of the
Bulgarian Milk, to produce the proper reactions in the system.

9 We would also use the vibrations of an electri-
cally driven vibrator over the whole cerebrospinal system, but specific-
ally or especially over the lumbar and the brachial plexus. This will
make for a better reaction throughout the body.

10 Also as a portion of the diet we would keep the
citrus fruit juices, with the beef juice - which may be taken in not
a large quantity; two teaspoonsful at a time would be sufficient but

1 should be taken about three or four times each day.

2 Do this and, as we find, we will bring for this body - [556], present in this room - near normal conditions.

Ready for questions.

Q-1. How long should this diet be kept up?

A-1. Until the condition is removed and the body feels - well, about twenty-one again!

Q-2. Should he keep up his calisthenics, and are they helpful?

A-2. Cut them about half in two, and it will be very good.

Q-3. How about the cold bath in the morning?

A-3. That's beneficial!

Q-4. How many hot baths a week?

A-4. Three or four. They should be rather tepid, not too hot; for it will open the pores too much for the body, yet it has been necessary owing to the poor assimilation. But too hot is to weaken the body too much.

Q-5. How often should the vibrator be given and how long at a time?

A-5. About three to five minutes over the lumbar plexus (that's across the hips and up to the middle portion of the back, you see), about two to three minutes across the brachial (that's just under the arms, you see, and up to the neck), and the rest of the spine; the whole treatment requiring about fifteen minutes. Do this just before retiring, and after the second treatment he will sleep better.

We are through for the present.

Copy to Self

" " Ass'n file

[GD's note: They said rdg. was wonderful, perfect in every detail.]

DIRECTIONS FOR MAKING BEEF JUICE

Put small chunks raw beef in covered fruit jar. Put jar inside pan of water (water coming to about half the depth of jar). Boil until chunks of beef are thoroughly done. Strain. Keep juice in cool place. Or, the chunks of beef may be cooked in Patapar paper if preferred, then the juice squeezed out. Take as directed.

[7/5/34 See 556-3.]

INDEX OF READING
By: J.M.M. 2/16/66 and others later

732-1
M. Adult

Acidity

Air:Sun:Ulcers

p. 3, par. 3

Blood:Oxidization:Ulcers

p. 3, par. 3

Diet:Ulcers

p. 3, par. 9; A-1

Electrotherapy:Ultra-Violet Ray:Ulcers

p. 3, par. 3

Eliminations:Poor

Humor

A-1

Insomnia:Ulcers

A-3, 7

Osteopathy:Ulcers

A-4, 7

Physiology & Anatomy:Liver

p. 1, par. 5

Physiotherapy:Packs:Castor Oil:Ulcers

p. 3, par. 7

Prescriptions:Alcaroid:Ulcers

p. 3, par. 5

:Olive Oil:

p. 3, par. 6

:Saffron Tea:

p. 3, par. 4

Prophecy:Prognosis:Ulcers

A-1

Readings:Application:Reports:Ulcers:Stomach:Cured Supplement

Surgery:Preventive:Ulcers

A-5

Ulcers:Stomach

Work:E.C.:Readings:Physical:Not Followed

Reports

This Psychic Reading given by Edgar Cayce at the Hirn home, 6844 Nansen St., Forest Hills, L. I., N.Y., this 15th day of November, 1934, in accordance with request made by the self - Mr. [732], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by Mr. [668].

P R E S E N T

Edgar Cayce; Hugh Lynn Cayce, Conductor; Gladys Davis, Steno.
Mr. [732], Hirn family and others.

R E A D I N G

Time of reading
3:30 to 4:00 P.M., EST.

Long Island, N. Y.

(Physical Suggestion)

1 Mr. C: Yes, we have the body here, [732],
present in this room.

2 Now, as we find, there are conditions
that disturb the better physical functioning of this body. These are in the
present somewhat bettered from those which have existed; but, as we find,
these may be as yet materially aided, and the causes and the conditions them-
selves entirely eradicated from the system.

3 These, then, are the conditions as we
find them with this body, [732] we are speaking of, present in this room:

4 First, we find the BLOOD SUPPLY rather
low in quantity - when considering the whole general conditions; but from the
blood we find that which has heretofore caused - and does cause in the present -
the anxieties and conditions that disturb the body; the disorders in the
digestive area, that have made for first superacidity and then disorders in
the wall of the stomach itself, near the cardiac portion - rather than so much
in the pyloric end.

5 These activities upon the system, of course, have affected and do
affect various portions of the body, as will be seen. These conditions as we
find, however, are effects; NOT causes. To be sure, the effects of the
ulcerations produced there are a contributory cause to the general condition
of the body, but this in the incipency was only an effect; the greater cause
being the lack of the proper activity of the liver and its organic functioning,
as to the excretory and secretive functionings of the body. Hence through the
liver we find the blood passes in its circulation twice to the rest of the
system. And here acidity first began through the lack of the proper secretions
in the gall duct area. This produced regurgitation, and then the lack of the
proper circulation and activity brought about first lacerations and then the
accumulation - or acute conditions.

6 As indicated, these are shown in the blood supply. Hence we will
find these must all be taken into consideration when there are those things
that may be applied as not only palliative measures but to eradicate the dis-

1 tressed conditions - and to make for resuscitating forces first in the blood
supply to such an extent as to not only eliminate but to bring revivifying
forces and a continued condition of normalcy for the body.

2 As to the NERVOUS SYSTEM, the very nature
of these conditions indicates that these are effects in the nerve system
rather than being produced by disorders in same; for with the activities of
such a nature this uneasiness that is apparent in the present makes for a
general expectancy of something to be disordered, and the lack of the neces-
sary elements to make unafraid - or stability in the activities of the body
in most of its mental or physical activities.

3 The ORGANS themselves:

4 The brain forces we find are very good, as are the discernments
and the reflexes.

5 In the organs of the sensory system do we find the general reaction
from a disturbed circulation where those portions of the body suffer, or have
suffered at one time or another, from a required deep circulation; though no
organic disorders there.

6 Throat, bronchials, lungs, larynx - these are very good in their
general condition.

7 Heart's action, as we find, is irregular; yet not an organic condi-
tion; neither are any of the vasomotors disturbed in their nerve reaction, the
irregularity being rather - then - from the low circulation and the lack of
the general metabolism being balanced in the body.

8 In the digestive system, then, as we have indicated, do we find
the greater cause or the seat of those conditions that - in their effects
upon the system - have brought and do bring about the disorders for this body.

9 In the liver, spleen, pancreas, duodenum, the gall ducts and lacteal
ducts, do we find the seat or the first or primary causes. And while these are
not so disturbing in the present, when there are the additions to the system
of that which would bring a full, corrective force, these must be considered
as those upon which those properties or the activities must be carried on.

10 As to the activity of the eliminating system, as through the
alimentary canal, these have - from the general tendency of acidity - a slow
activity; or the secretions from the liver and the lacteal activities produce
a lack of the lymph circulation, so as to destroy a great deal of the
peristaltic movement of the intestinal system. Hence we have a slowing of
the activity, and at times disorders through the colon. These are reflex, wholly.

11 With the disturbance in the positive pole of the body (or the liver),
the natural reflexes to the lower portion of the hepatic circulation are
sympathetic with the conditions.

12 But with the corrections of the disorders,
as we find, there should be brought to this body a near perfect, normal con-
dition, when all general conditions are considered.

13 Then, in meeting the needs of the condi-
tions of this body in the present:

14 First there must be considered the pre-
venting of the acidity arising from the lack of, or the poor secretions in the
liver and the organs that maintain or sustain the digestive influences or forces
or fluids, creating a normal balance of the gastric flow and keeping the correct
balance in the lacteal activities in the first portion of the stomach, proper
balance of the acids in the lower portion of the digestion for the proper
fermentation without regurgitation that carries the acidity back into the

1 upper portion of the stomach for the disorder or disruption.

2 Hence we would find that these - while they become a portion of the diet and of the general activities of the system - will be not only palliative but will make for the creating of those activities in the gastric flow that will prevent the acidity and the accumulations, and reduce those actions of the ulcerations that are dormant in their activity:

3 Keep in the open and in as much of the violet ray from the sun as is normal. Should the activities be such that it is impractical to be in the climatic conditions for such, then take the treatments regularly from the ultra-violet ray; not excessive, no - but take on those portions of the system that will make for the greater flow of the blood supply. Hence if these are taken make the application to the upper portion - or through the lung area, so that the clarification of same, the oxidization and the oxygen for the body will supply to the blood itself the necessary elements for cleansing same. And when these are applied, they should be - for this body - at least thirty-eight to forty inches (38" to 40") from the body; and after vibrating in its proper duration, not more than three to four (3 to 4) minutes at any one treatment.

4 Let a portion of the drink each day consist of Saffron tea - Saffron tea; preferably the Yellow Saffron, or the Spanish Saffron. This would be made in the proportion of one dram to one quart of water. Let this steep as tea. Drink a glass of same two or three times each day. This will tend to keep the normal gastric flow in the stomach, without irritations from same.

5 After the meals, two or three times each week, take a small quantity of Al-Caroid. Dissolve a quarter teaspoonful in a small amount of water, then stir in a whole glass of water; then drink another glass of water following same.

6 The Olive Oil should be taken at intervals; not large doses - for this would be irritating. But very small quantity taken often. Two or three or four days at a time take half a teaspoonful every hour or so; just enough to moisten or make for an activity with the salivary glands of the mouth, so that the activity to the gastric flow of the stomach is as a food value to the whole of the intestinal system.

7 When there are pains, or should there be pains in the stomach or the liver area, we would apply heat - preferably with the Castor Oil packs, that will relieve the pressures by the contraction in the muscular forces of the organs internally themselves. Use three to four thicknesses of flannel dipped in hot Castor Oil; and apply for thirty minutes to an hour at a time.

8 But if the diets are followed properly, and those things taken as indicated to make for the proper activities, these should remove all these distresses in those portions of this body.

9 The diets should consist of the alkaline foods, to be sure, or those that are non-acid producing in the system; that will make for the general building up of this body.

Ready for questions.

Q-1. Will you outline a specific diet for the body?

A-1. As indicated, this should be rather alkaline in its reaction. How many diets have been outlined for this body! The body considers itself and is a very good dietician for itself; knows what will agree with the body. But with the use of these properties as indicated - Well, in six months he can eat nails if he likes!

Q-2. Should all present medicines be discontinued?

A-2. Gradually discontinued, as the suggestions made here are applied.

Q-3. Should the treatment as suggested enable the body to sleep?

A-3. It will enable the body to sleep.

Q-4. Any other suggestion for the better physical conditions of this body?

A-4. As indicated in all conditions of this kind, the general massage is helpful to the body; or the osteopathic treatment - not that from the general masseur. But osteopathic stimulations for the hypogastric and pneumogastric plexus, with the taking of the properties that we have indicated, will make for the proper gastric flow from the liver, the spleen, and those activities for the flow of the lymph circulation and gastric flow in the duodenum.

Q-5. Do you find it would be necessary for the body to have an operation?

A-5. Operation would be harmful!

Q-6. Is there any growth of any kind in the system?

A-6. As indicated, there is the thickening of tissue; not a growth.

Q-7. Do you suggest any specific remedy that will aid the body to sleep?

A-7. As we have indicated, when the causes of the irritations to the nervous system are relieved - as we have described, the natural condition is for rest of the body. This treatment, then, as it acts upon the body, removing the causes of the irritation, will make for the abilities of the body to rest normally, see? While these do not become so active immediately, during the first periods of these treatments if there will be given the osteopathic massage and the corrections in the upper portion - each evening - not so much in the lower, only for the relief of the acidity, we will find the body will rest.

Do thee, and we will bring normal conditions
for this body.

Q-8. When would it be necessary for the body to have the next check reading?

A-8. Do these and, as we find, it would be thirty to sixty days before it would be necessary. If these are applied as given, the body will have definite results.

We are through for the present.

Copy to Self

" " Ass'n file.

(See enclosed letter to Osteopath giving directions for ultra-violet ray treatments and massage. The rest of the treatments outlined in reading should be self-explanatory, and may be applied at home. The Al-Caroid may be obtained at most any drug store; it is manufactured by The American Ferment Co., Buffalo, N.Y. If you have trouble finding the Yellow Saffron, try Eimer & Amend, 18th St. & Third Ave., N.Y.C. See enclosed Alkaline Reacting Food list, of which it seems your principal diet should consist.)

[GD's note: We heard that he did not follow the reading.]

MEDICAL REPORT FORM

Please help us to further research of the Cayce physical readings by completing and returning to us this report form. We'll appreciate your giving special attention to specific suggestions for treatment given in the Cayce readings and results — either positive or negative. Your findings will help us to evaluate the effectiveness of the readings today. Return to Edgar Cayce Foundation, Box 595, Virginia Beach, VA 23451, upon completion of case.

Name Maurice Wharton

Address 415 Willowdale Ave. City, State Willowdale, ONT.

Sex M Age 37 Wt. 124 B.P. 116/76 Diagnosis Gastric dyspepsia

Pertinent Past History History of old peptic ulcer disease (1972). Proven by x-ray. History of bleeding with ulcer.

History of Present Illness and Treatment: Indigestion-type symptoms reappeared four to five months ago - intermittent since then - gas.

Abnormal Physical Findings: nil

Total Treatment Program: _____

- 1) Diet avoiding refined sugar and flour, carbonated beverages and fried foods.
- 2) Diet including fresh vegetables, yogurt, bran, grapes, milk and water.
- 3) Yellow saffron tea before meals.

Patient Cooperation: _____ Excellent X Good _____ Poor _____ None at all _____

Summary of Results (subjective, objective): _____

After four days symptoms gone - no recurrence to date (3 weeks).

S. J. Meda, M.D.

Stephen J. Meda, M.D., 3040 Don Mills Rd., E. Willowdale, Ont. CANADA

Participating Physician (degree)
Edgar Cayce readings © 1975

15

INDEX OF READING
By: J.M.M. 10/15/63

1834-1
F. Adult

Adhesions:Stomach:Tendencies

p. 1, par. 7
p. 2, par. 1; A-4

Eliminations:Incoordination

Hemorrhoids:Tendencies

A-1

Hypertension:Tendencies

A-2

Intestines:Colon:Plethora
:Colonics:Glyco-Thymoline

p. 2, par. 5, 6
A-2, 4
p. 2, par. 3---7
A-2, 4
p. 2, par. 5, 6
A-2, 4

:Plethora

:Salt & Soda

Lacerations:Stomach

Physiology & Anatomy:Ulcers:Stomach

A-3

Ulcers:Stomach

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 1st day of March, 1939, in accordance with request made by the self - Mrs. [1834], Associate Member of the Ass'n for Research & Enlightenment, Inc., through Mrs. [413].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.
Clara Campbell and [413].

R E A D I N G

Time of Reading
3:45 to 4:00 P.M., EST.

Norfolk, Va.

Mrs. C: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions she has submitted, as I ask them:

1 Mr. C: Yes, we have the body, [1834].

2 Now as we find, there is something of
a complication of disturbances which prevent the better normal physical reactions to the body.

3 The conditions which have caused and
do as yet cause a great deal of disturbance in the digestive system may be called the basis of the disturbance, but as we find they are rather the RESULT of other disturbing conditions.

4 These are the conditions then as we
find them with this body, [1834] we are speaking of:

5 In the blood supply there are the indications of the disturbance through the digestive forces of the system, in the manner that same have affected or do affect the circulation as related to the heart AND the kidneys, through the liver - of course - or upper hepatic circulation.

6 These as we find, through the general
reactions in same, have produced a plethoric condition in the colon itself.

7 Hence first the disturbance or inactivity
in the eliminating forces of the body; then producing through the gastric forces a condition in the lower portion of the duodenum, -

1 causing in the pyloric portion of the stomach a thickening or a caking
in the wall of same.

2 These cause a regurgitation, until there
has been the backflow of the hydrochloric into the pyloric portion of
the stomach itself.

3 While these have been aided, - in re-
lieving the tension here, and while we would not change in the immed-
iate those applications nor any of the properties which have been out-
lined for the body, and especially the dietetics that have been out-
lined for same, WE WOULD relieve the tensions in the colon area.

4 This we would do not only to carry off
and to reduce the pressures that are caused in the circulatory forces
between the liver and the heart and the kidneys, but to remove the
poisons also from the system.

5 Use, then, the high colonics, - using
a soda-saline solution; but DO NOT HAVE ANY where there is not used
afterwards an intestinal antiseptic which is of an alkaline nature in
its reaction, - such as Glyco-Thymoline.

6 Use a level teaspoonful of baking soda
and a heaping teaspoonful of table salt to each quart and a half of
water used for the enema, having the water body-temperature. After
each thorough cleansing in this manner, THEN follow same with the
Glyco-Thymoline solution, - at least a tablespoonful of Glyco-Thymoline
to the quart of water that is last used; this, of course, used sepa-
rately, and NOT combined WITH the soda-saline solution, but used
AFTERWARDS.

7 We would have such a thorough cleansing
in this manner about every ten days, until four or five such colonics
have been taken.

8 And then when there has been gained more
of an equilibrium, we would give the further instructions for the
complicated forces or reactions which have entered or do enter into
the causes of the disturbances.

Ready for questions.

Q-1. What causes extreme sensitiveness in the coccyx when sitting down?

A-1. Pressures as produced upon the colon area by the very plethoric
condition as we have indicated that exists, - as it works with or
produces the pressure upon the sphincter muscular forces as well as
the nerve forces through the whole area of the colon.

Q-2. Please explain condition of blood pressure.

A-2. As indicated, it is the toxic forces that are the cause of the
blood pressure upon the circulatory forces between heart, liver and
kidneys. The greater ability to reduce same is through the use of the

colon irrigations.

And then when there is the relieving of the pressures through the applications being used for the disturbance in the digestive center, these may be better accorded that necessary for the bettering of the condition.

Q-3. What caused stomach ulcer?

A-3. As just indicated, - first the pressures produced in the colon, and then the regurgitation to the lower end of the duodenum, and then regurgitation - or the acid entering in such quantities to the lower or pyloric end of the stomach as to cause this thickening. And this, of course, in turn, by superacidity and the natural pressure, caused the great pains and the tendencies for the strains upon same.

Q-4. Has it been corrected?

A-4. As we have indicated and given here, these are the EFFECTS and NOT the causes!

These, then, are being allayed; and when the system has been adjusted from the ACUTE condition - beginning with the conditions to allay the pressure - THEN we may give that as to be helpful in removing the causes. Let's DO NOT MIX the conditions; else we may cause greater disturbances than have existed!

Do as has been outlined for the ulceration, - or it is laceration, rather than ulceration, and caking in the lower portion of the stomach, or the pyloric portion.

Remove much of the drosses and aid in reducing the blood pressures BY the colonics, - at least every ten days, until these have been cleansed, see?

Then when the body is some improved (being mindful of the diet especially, throughout), we may give the further instructions.

We are through with this reading for the present.

Copy to Self

" " Ass'n file.

[9/4/40 Mrs. 1834 reported that symptoms described correctly were "Disturbance in the digestive system, toxic poison in the blood supply," Suggestions were not followed exactly, so improvements were not 100%. She did not understand "about blood pressure".]

[10/25/48 Mrs. 1834 became a worker on the Edgar Cayce Foundation campaign to raise funds for preparing the readings.]

[4/25/62 Husband's death notice listed her as a survivor.]

INDEX OF READING
By J.M.M. 9/9/63

1970-1
M. 25 yrs.

Air:Debilitation:General

p. 1, par. 5

Appendicitis

Clairvoyance of EC:Action & Places

p. 1, par. 1

Debilitation:General

Diet:Appendicitis

p. 2, par. 2, 5

:Cooking Utensils:Patapar Paper

p. 2, par. 5

:Vitamins:Codiron:Debilitation:General

p. 2, par. 6

Doctors:Fogel,David H.:M.D.

Page 2 note

Humor

p. 2, par. 2

Intestines:Colonics:Appendicitis

p. 2, par. 3

Osteopathy:Debilitation:General

p. 2, par. 7

Physiotherapy:Packs:Grape:Appendicitis

p. 1, par. 6

p. 2, par. 1---3

:Rubdowns:Alcohol:Temperature:

Fever

p. 2, par. 4

Rest:Debilitation:General

p. 1, par. 5

Ulcers

Background - See page 3.

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 28th day of July, 1939, in accordance with request made by the self - Mr. [1970], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by wife, Mrs. [562].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading
3:50 to 4:05 P.M., EST.

Ammunition Depot,

Mrs. C: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions which have been submitted, as I ask them:

1 Mr. C: Yes - the body is ALMOST as
near in an explosive condition as the materials they are handling here.

2 As we find, there are rather serious
disturbances here, and there should be precautions, as well as measures
for the correction; else we may have very serious disturbances.

3 For as we find, there are both
ulcers in the stomach and duodenum (or thickening tissue) as well as
an inflammatory condition in the caecum and appendicial area.

4 Thus the weakness of the body, the in-
ability for the body to gain in weight or strength; at times the
very bad breath of the body, a general weakening through the abdominal
area, pains through the right portion in the abdominal area, the burn-
ing pains after eating through the stomach area.

5 As we find, the body should rest for at
least a week or ten days, first; and during that period be in the
open air as much as is practical.

6 Also have the heavy Grape Poultices
each day over the abdominal and stomach area. Leave these on for at

1 least two hours each day, changing them about once during the two hour
period, see? have them at least half an inch thick. Crush the grapes
and apply, raw; the Concord Grapes being preferable.

2 And live practically on grapes dur-
ing that period, or grapes and milk, - with a little curd or crackers
in same. The Concord grapes are preferable to be eaten also, but not
the same ones that are used for poultice, to be sure! Of course, other
types of grapes may be eaten also, but preferably and principally the
Concord - or the colored grapes rather than the green, see?

3 After there have been the Grape
Poultices used for at least three to four days, then we would have a
colonic irrigation, - very gently given; and do not attempt to do this
by self! Have it done rather by a professional, with the warning as to
the disturbance in the caecum area! Rest during this whole period, you
see, but especially remain quiet during the period the colonic is
given, - just one, gently but thoroughly done, but after the Poultices
have been used for three to four days as indicated.

4 Beware of any temperature, or too
much of night sweats, or the poor eliminations through the respiratory
system. Hence we would rub the body down with alcohol - whenever
there is any tendency in this direction.

5 Then, after these have been followed
out for the week or ten days, - we would THEN begin to live more or
less on the milk and cheese diet; with, of course, the Beef Juices -
taken in small quantities often. No meats except the beef juices, you
see. (Do not begin this diet, of course, until after the period of
the Grape Poultices and the grape diet.) Also vegetables may then be
taken, if cooked in their OWN salts, or their OWN juices - and eat the
juices with same; cooking all in Patapar Paper. Such as beans,
lentils, mustard; onions with squash and the like. No meat save the
beef juices, and liver and liver extract. It would be well if the
liver were ground, and patties made, - and save as much of the blood in
same as is practical or possible - if it is perfect or good liver, -
not cows' but calves' liver; also hog liver would be very well.

6 As soon as the latter diet is begun,
we would also begin with Codiron, - taken with the meals; two tablets
with at least two of the meals each day,

7 Then, after two to three to four
weeks, we would have a few osteopathic adjustments - but not until
two, three to four weeks from now.

Ready for questions.

We are through for the present.

Copy to Self

" " Ass'n file.

[10/18/52 D.H. Fogel, M.D., Said he would index
above rdg. under ULCER, Gastric & Duodenal, GD.
also Appendicitis.

[6/3/41 See 1970-2.]

Assimilations:Eliminations:Incoordination

Breathing:Shortness:Assimilations:Eliminations:
Incoordination

p. 2, par. 3

Diet:Beef Juice:Assimilations:Eliminations:
Incoordination

p. 2, par. 7

:Fads

p. 1, par. 4, 7

:Ulcers

p. 2, par. 8;A-2

Eczema:Assimilations:Eliminations:
Incoordination

A-3

Glands:Prostate:Assimilations:Eliminations:
Incoordination

A-5

Headache:Ulcers:Stomach

A-1

Intestines:Colonics:Assimilations:
Eliminations:Incoordination

A-5

Physiotherapy:Applications:Lenoir's
Eczema Remedy:Eczema

A-3

:Packs:Castor Oil:Assimilations:

Eliminations:Incoordination

p. 2, par. 6

Prescriptions:Eno Salts:Assimilations:
Eliminations:Incoordination

p. 2, par. 4, 5, 6

:Olive Oil:

p. 2, par. 4, 5, 6

:Peanut Oil:

p. 2, par. 4, 5, 6

:Rochelle Salts:

p. 2, par. 4, 5, 6

:Sal Hepatica:

p. 2, par. 4, 5, 6

:Water,Honeyida:

p. 2, par. 4, 5, 6

Ulcers:Stomach

Work:E.C.:Quotations & Similes:
"Good For Something"

A-6

"Practice What You Preach"

A-6

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 17th day of January, 1944, in accordance with request made by the self - Mr. [3570], new Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno (notes read to and transcribed by Jeanette Fitch). Harmon Bro.

R E A D I N G

Time of Reading

3:50 to 4:05 P. M., EWT.

..., Fla.

Mrs. C: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:

1 Mr. C: Yes, we have the body here, [3570].

2 As we find, there are disturbances preventing the better physical functioning of this body.

3 The suggestions we would make here will be quite at variance to the body! Yet these would bring better conditions for the body.

4 There is an improvement of elements that, in the environs may not be absorbed in the body-functioning from the careful diet on which the body is in part starving to death.

5 These conditions have been produced:

6 There was first an overloading of the body in some times past, that caused liver, the gall duct, the pancreas and the spleen to produce incoordinations - or an excess of certain characters of acids that would not coordinate with the lactic acids of the stomach - causing ulcerations in the pylorus portion of the stomach.

7 Then, these being altered to where there has been rather the vegetable and fruit diet, while changing a great deal in other portions of the body, are still now forming the sources of the disturbance in the lacerations that exist in the pyloric portion and the smoothing of the walls of the duodenum, until there is scarcely any activity in the jejunum and the colon of peristaltic

1 movement.

2 Then, we have rather the care of
one thing bringing about a much worse condition of something else
in the digestive forces of the body.

3 This produces the shortness of breath,
inability for digestion of foods of any severe character at all.

- - - -

4 To correct these, as we find, would
be first to begin with taking Olive Oil in small doses - half a
teaspoonful, or less, three to four to five to six times a day. If
this causes the body to belch, so as to become disagreeable or full to
become rancid for the system, take a large dose of Sal Hepatica and
flush the system. Rest then for a day or two and take a teaspoonful
of Peanut Oil each day for two days. Then begin again with the small
doses of Olive Oil. Take all that the body will assimilate until there
is a thorough activity of this through the whole alimentary canal.

5 If this prevents activity, take an
enema or more mineral salts, but preferably Sal Hepatica or Eno Salts -
rather than Rochelle Salts or other types. But keep up the oil, as
much as is possible to absorb.

- - - -

6 Apply hot Castor Oil Packs at least an
hour each day over the liver and gall duct area. Do this for five days,
in succession. Then take an extra dose of the Olive Oil. If this fails
to act, take a pint of honeyida water. Yes, you can still get this,
though it comes from Austria, you can still get this in your own environs
or near there. This should flush the system.

- - - -

7 Then begin with Beef Juice and chicken
broth. Take the Beef Juice, though, as medicine - a teaspoonful, or
less, every three to four hours. Sip this.

8 This doesn't indicate that these are
all the foods to be taken. Take all the other foods, but include in these
the yolk of an egg, occasionally - not the white. Occasionally have
very crisp bacon. You can keep many of the fruits and vegetables, but do
add the meats (in the forms just suggested) if you would correct these
conditions.

Do that.

Ready for questions.

Q-1. Are frequent severe headaches and soreness in back of neck caused by faulty elimination and is shortness of breath and rapid heart pulsation, usually accompanied by gastric disturbance, traceable to the same source?

A-1. The conditions in the stomach and duodenum, the lack of foods being properly digested. This causes the fermentation that prevents peristaltic movements of any character through the alimentary canal. This causes the headaches and the pressures on the back of head, for these are in the area - you see - of the upper lacteal ducts.

Q-2. Why can I not digest grain starch, whole wheat, rye etc.?

A-2. Because of the lack of the proper chemical balance and the flow of lymph through alimentary canal. Hence the oils that should be added of the character indicated and in the way suggested for it to be taken.

Q-3. What is the cause and should be done for eczema?

A-3. Apply Lenore's Eczema Remedy - it'll take it off. There's a great deal of elements missed that are ordinarily used in this, but it will cure this condition - especially if the diet in the body is changed.

Q-4. Is there any condition of heart that need specific treatment or medication and what would such treatment be?

A-4. Only reflex, not organic.

Q-5. Prostate gland?

A-5. These are rather pressures from the lack of the peristaltic movement in the lower portion of the colon. Take a colonic irrigation occasionally, or have one administered, scientifically. One colonic irrigation will be worth about four to six enemas.

Q-6. Considering my age of sixty-one, what is condition of general health?

A-6. You can be forty percent better. Why not try it? You'll be happier, you'll do much better work for others. Do that. Be good for something and not merely just good. Be in the position where what you preach you practice, and what you practice is applicable to everyone and not to just a few who think like you do.

We are through with this reading.

Copy to Self

" " Ass'n file.

(See enclosed directions for preparing Castor Oil Packs and pure Beef Juice.)

(Lenore's Eczema Remedy may be obtained from Cawthon-Coleman Drug Co., Selma, Ala.)

Assimilations:Eliminations:Incoordination

Debilitation:General

Diet:Beef Juice:Ulcers:Stomach

p. 4, par. 2

Osteopathy:Assimilations:Eliminations:
Incoordination

p. 3, par. 2
A-2, 3

Prescriptions:Ambergris:Ulcers:Stomach

:Cinnamon Bark:

p. 4, par. 3

:Clary Water:

p. 4, par. 3

:Elm Water:

p. 4, par. 3

:Gin:

p. 3, par. 3

:Saffron,Yellow,Tea:

p. 4, par. 1, 2

:Sugar,Cane:

p. 4, par. 3

p. 3, par. 3

p. 4, par. 1, 2

p. 4, par. 3

Psychosomatics:Assimilations:Eliminations:
Incoordination

p. 3, par. 1

Ulcers:Stomach

Edgar Cayce; Frank E. Mohr, Conductor; Fay Autry, Steno.

Reading for Mrs. [3768]. [Referred by her sister, Mrs. 2219.]

Birmingham, Alabama.

- - - - -

Time: 3 P.M., Nov. 23, 1922,

Tutwiler Hotel,

Birmingham, Alabama.

- - - - -

1

Yes, we have the body here. Now the abnormal conditions as we find have to do with the organs in their functioning, of the effect as has been produced over the whole system.

2

Now these are conditions as we see them: The blood in its circulation as blood forces are deficient in their real or in their intense force of their replenishing the used nerve energy of the whole body, hence the condition we have over the system of the inability of the body to make the necessary replenishing forces in the system to supply the needs of the body when it rebuilds itself, whether it be a mental action or a physical. The body becomes tired easily, overtaxed, and some pain, and nausea is felt about the stomach and solar plexus. The nerve forces in this body are very good. The body is well balanced between the cerebrospinal and sympathetic systems. The sensory system - coordination

1 is very good with the rest of the brain forces, they only show the distressed condition the body is placed in at times, hence the inclination to throw about that which will place the easier position to assist in distribution in the needs of the individual body. The organs themselves, we find function fairly well considering the conditions as that, the system goes through or experiences every little bit. Through the lung force the body is very good. Through the action of the digestion, of the intestinal tract, through the stomach and duodenum and to an extent the whole digestive forces, whether directly or indirectly assisted or hindered by this condition as we find through the lower end of the stomach itself, hence the pains, the fullness to the whole organs of digestion, the liver presenting as much of the secretions to carry on this development as far as possible. The gastric juices of the stomach become so surcharged with the condition that exist in the stomach as to force the condition over many portions of the body, especially, those along the hepatic circulation. The liver itself presents the action over the physical as to carry the imperfect eliminating properties through its action, the same as is carried on through the intestinal digestive organs, or it is easy for this body to take that in the system that very readily disagrees with the conditions within the system, whether they be by physical or by suggestive forces to the body. The functioning of the organs of the pelvis are very good. There has been some con-

1 ditions that were better and some are not as good as they have been through this portion of the body. We can give that in the system that would produce the perfect elimination and to add to the system those properties that will rebuild that needed to be in the system to combat with the conditions existing in the pyloric end of the stomach, the duodenum, and the effect as has been produced on the pancreas in that, its functioning has been retarded by not the usages of materials for the system that has carried into the functioning in its proper way to the pancreatic force in the body.

2 We would adjust the conditions along the spine so as to give the perfect equalizing of forces in the body to obtain the best effects for this body; that would be along the lower cervicals, and the whole length of the dorsal region, especially, those along the fifth and sixth dorsal.

3 For the medicinal properties to take into the system, that which will heal the properties so acted upon in the system as cause the distress, and allow the body to function through its normal channels, take

1 this:

2 The body should have two kinds of water
to drink or take in the system, not just the plain water as we
would have here, that is, in this place. The water should carry
these elements but not together: We would make a tea, Yellow
Saffron, one to thirty parts, then we would make Elm water,
one to twenty parts. These would be taken alternately in the
system as the drinking water of this body - drink no other but
those, see. We would take as the diet those properties still
as have been used in the body, only, we would begin after these
medicinal properties are taken through the water, you see, as
healing, those of the juices from beef or of fowl to the system
until we bring or add to the system those factors necessary
to give the action to the functioning of the organs of digestion
throughout the entire viscera.

3 We would also take this as medicinally
given, Clary water prepared in this manner: To one gallon of water,
rain water preferred, we would add eight ounces of Clary Flower,
dried. This should be steeped until reduced, that is not boiled,
until reduced to one quart, strain, while warm add four ounces of
cane sugar dissolved in warm water before being added, six ounces
of gin with twenty grains of Ambergris dissolved in one ounce of
alcohol, and then add three drams of Cinnamon bark. Follow these,

1 we will relieve these conditions in this body.

Q-1. Mr. Cayce, how much would be required to make a permanent cure for this body?

A-1. How much time does it need?

Q-2. Mr. Cayce, this body wants to know if the condition of the kidneys are in good order?

A-2. With the conditions existing through the intestinal or digestive tract as exist, we could not have a normal condition of the kidneys. With the properties given, there has been that added to give the correct assimilations in this system to correct the condition in the kidneys as they are called on to function. Let that be part of the manipulation but along the upper dorsal region so as to give the stimulus to the nerves or muscles of the stomach, then close in the first cervical to relieve the pressure caused that gives the pains to the head and stomach when foods are taken in, see. Do as we have given.

Q-3. Who should do the correcting to the spine, Mr. Cayce.

A-3. Those that understand the adjustment of the human body when the nerve and muscular forces are to be corrected, those we would find preferably, through osteopathic forces.

~~We are through.~~

1/9/23 see 3768-2.

INDEX OF READING
by J.M.M. 8/28/62

3768-2
F. Adult

Debilitation:General

Prophecy:Prognosis:Ulcers:Stomach

A-1

Ulcers:Stomach

Background - See 3768-1.

Birmingham, Ala.

- - - - -

Tutwiler Hotel, Birmingham, Ala., 3:30 P.M., January 9, 1923.

1

Mr. Cayce: Yes, we have the body here. We have had this before, you see. Now, we find, the conditions a great deal different, at present time from that we had before. The condition is improved throughout the system, those effects as produced to the nerve centers as govern the distribution and assist in the blood flow in the assimilation, are still strengthening. Those along the cardiac region, or those that govern the nerve or muscle about the cardiac end of the stomach, as affecting the conditions through the digestive tract itself, the whole condition through the alimentary canal is improved.

2

Those properties necessary to heal and relieve the lacerations: Keep for the time being, and to prevent recurrence in the system - and there must not be taken into the system those properties that will tend to make a fermentation begin, or to break the tissue again. Follow the lines as given here before, but gradually diminishing the amount and the stimulus and the adjustments from time to time, see. Make all farther and farther away, and let the system rebuild from its own incentives as is being created in the system, see. This will not return.

3

The parts remain weak, as yet, and must be kept up to the same recuperative forces.

1

The water for the condition, the stimulus for the assimilation, the vibration or massage and adjustments for the stimulus for the muscular forces and nerve tissue to keep place for the condition that has been and is being in the body. Do that.

Q-1. How much longer should she take treatment?

A-1. As we have given. Skip a time for the medicinal properties and adjustments. Then after two weeks skip twice, until the condition is entirely overcome, which should be in two to three moons, now.

Circulation:Lymph

Mouth:Tongue:Ulcers:Stomach

p. 1, par. 4

Names:Organizations Mentioned:Kellogg Institute A-1

Pregnancy:Menopause

Prescriptions:Belladonna:Ulcers:Stomach

A-1

:Elm Water:

A-1

:Glyco-Thymoline:

A-1

:Magnesia,Milk Of:

A-1

:Saffron,Yellow,Tea:

A-1

:Yogurt:

A-1

Surgery:Preventive:Ulcers:Stomach

A-1

Ulcers:Stomach

[GD's note: Apparently she was several months pregnant, it being a menopausal pregnancy, and she was having specific problems. See Mr. Mohr's questions, etc.]

4148-1
F. Adult

October 6, 1922.

Mr. Mohr: Now Mr. Cayce, you are going to sleep.

Now Mr. Cayce, you are asleep.

You have before you the body of Mrs. [4148], ..., Alabama. I want you to look over her careful and tell me what is the cause of the condition of the tongue; also the condition of the intestines, and tell us if there is any danger.

Mr. C: Yes we have the body here.

Nearly all of the abnormal conditions in this body are functional, with the seat of the trouble being organic.

Now these are the conditions as we find in the body of, [4148] we are speaking of.

The blood supply is impaired on account of the condition of the digestive forces and the carrying off such of the poison created in the system to hinder the body from building to its normal condition. We have this condition in the organs themselves through the digestion. Through portions of the stomach we find ulcerations and lacerations that cause a great deal of disturbance throughout this region of the body. The reflex from this condition produces the condition in the throat and in the tongue, in the root of the tongue, through the circulation and expression of the various portions of the body. In this body we find the condition of the lower end of the stomach expressed in the ulceration and laceration in the upper part, or through the tongue and mouth; the effect over the nerve forces of course brings them all to a distort condition. The system of course is reflexible from this condition existing in the body, the condition of the lymphatic circulation being produced by properties given into the system which forms too much poison to be taken out by all the eliminating channels and shows its effect in the lymphatic and capillary circulation.

Q-1. Would it be better for an operation to assist in bringing about the proper condition?

A-1. In its present state we would not, for the system is not in the proper condition to accept or receive such a shock, as that would produce at this time the reaction of the heart forces and would not be good. We would give into the system this:

A small proportion of Elm water, a pinch of the ground Elm to each glass of water, or some four (4) ounces of Elm Bark to a gallon of water, keep cool, and when this is taken into the system, we would take small quantities of Yellow Saffron tea and this would be taken as medicine. Follow with the Elm water a small quantity of Belladonna and Milk of Magnesia and highly digestive foods to be used to the body to reduce temperature or the hepatic and clear the system, using an Alkaline Intestinal Antiseptic, such as found in Glyco-Thymoline, for intestinal disinfectant where foods lie with the system, and we will bring better condition to the body. Take that found in Yogurt, manufactured by Kellogg, Sanitarium, Battlecreek, Michigan.

When this system has been built to the proper condition, then we can better prepare for what is to be done.

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**INDEX OF READING
by J.M.M. 6/7/62**

**4464-1
M. Adult**

Appliances:Wet Cell:Ulcers:Stomach

**p. 3, par. 5
p. 4, par. 1, 2
A-1---3**

Circulation:Lymph

Cystitis:Tendencies

p. 3, par. 3

Diet:Ulcers:Stomach

p. 3, par. 4

Eliminations:Incoordination

Names:People Mentioned:Klingensmith,George

Background

**Prescriptions:Elm Water:Ulcers:Stomach
:Glyco-Thymoline:Ulcers:
Stomach**

p. 3, par. 4

p. 3, par. 4

Surgery:Preventive:Ulcers:Stomach

p. 3, par. 4

Ulcers:Stomach

This Psychic Reading given by Edgar Cayce at
Phillips Hotel, Room 115, Dayton, Ohio, this 9th day of
May, 1924, in accordance with request made by self, through
Mr. Klingensmith.

P R E S E N T

Edgar Cayce, Linden Shroyer; Conductor, Gladys Davis; Steno.
Mrs. Edgar Cayce & Geo. S. Klingensmith.

R E A D I N G

Time of Reading
2:30 P. M.

..., Pa.

- 1 Now, we find there are abnormal conditions in this
body, and these may be corrected where the system may have the
chance to eliminate the conditions in the body. They have to do
with specific conditions existing in organs of the body and the
effect that this condition has produced and does produce in the
physical forces of the system and the functioning of other organs.
- 2 Now, these are conditions as we find them in this body.
First:

IN THE BLOOD SUPPLY

- 3 We find that the condition has so caused the exaggeration
of the functioning of the organs producing the blood supply that
the whole system, in a way and manner, through this circulation
has become involved. In the supply of white blood and leukocyte
forces these are over abundant, yet not of the nature that will
surrogate the condition without assistance in vibration to create
a different character of leukocyte vibration in the body.

IN THE NERVE SYSTEM

1 We find all centers in a manner involved in condition,
for with the over abundance of lymphatic forces being exhibited and
manifested in the system all centers become exaggerated, so there is
little resistance either in the plexus of the system that is involved
in the specific condition and in that of the muscular force governing
or supplying same, so many portions of the system become clogged or
choked with the extra secretions as created in lymphatic forces in
body. The emunctories become involved in this same condition, and
overtaxed in their elimination until many organs become involved that
have to do with eliminations in the body.

IN THE ORGANS THEMSELVES

2 We find as these:

3 Brain force very good.

4 Functioning of the organs of sensory system strained
under the condition as created in nerve supply.

5 Lungs, larynx, bronchials very good for condition,
though more mucus is thrown into these than is necessary, and lungs,
cellular force itself, in a plethora condition, though not organic
forces there.

6 Heart action is below normal, yet the pulsation above,
being produced by stimulus to supply and create more blood force in
the system.

7 In the digestive tract and in the stomach proper do
we find that condition producing the whole condition in the body. In
the pyloric end, near the orifice, through which all foods pass to
the system to be acted upon by the digestion from the stomach, we

1 find ulcerations and lacerations. Not, as yet, of that nature that would be called destructive in the cellular force but that rather that produces in the system the strain on blood supply and lack of rebuilding force, and is so in the system as to overtax the lymphatic forces to give of the force necessary to produce surrogation in the destructive elements of the conditions existing. All of the organs of digestion become involved, pancreas especially, from the state of the condition in the duodenum and in the pylorus itself.

2 In the liver, the engorgement is produced rather by the excess of functioning of the organs of elimination.

3 In the rest of the system we find, especially in that of the kidneys, the excess created to be eliminated gives the fullness to these in their functioning, and at times painful in the passage of urine from the bladder, for this is a sympathetic condition.

R E L I E F

4 Then to give the best to this body, we will find that we will of necessity be specific in that as to be given in the system We would not operate, for this would be destructive to the body; taking then this in the system: In all of the water taken let these properties be. To a glass of water a pinch, between the forefinger and thumb, of ground elm, with two to three drops or minims of Glyco-Thymoline, and the diet shall be green vegetable matter, but not of any of the character growing beneath the ground. No tuberous character at all. Only of the bulb character of bulb ground, or of that as found in lentil, in beans, peas, cauliflower and of such nature.

5 In the vibrations for the system, prepare as this:
To one gallon and a half of rain water, add

1

1# of sea salt
1 1/2# Copper Sulphate
2 ounces Sulphuric Acid C. P.
11 drams of Zinc (common) and

2

an opaque container of iodine. Two poles will be used in this solution. Preferably, use glass container. One shall be of copper, the other of silver. To these poles would be attached small insulated wires and to the other end of the wire a small plate. One plate. Both wires attached to this. Each evening for two hours this will be attached to the body at the ninth dorsal.

3

Do this and we will bring relief and assistance to this body.

Q-1. How much iodine should the container hold?

A-1. Whatever quantity you wish to put in it.

Q-2. Of what material should the pole which is attached to the body be made?

A-2. Copper.

Q-3. Should the solution be charged?

A-3. If needed so we would have told you. We have given it as it is needed.

INDEX OF READING
by J.M.M. 11/13/61

4786-1
F. Adult

Appliances:Radium XX:Ulcers

p. 3, par. 4
p. 4, par. 1
A-2

Diet:Ulcers

A-1

Injuries:Lesions

p. 2, par. 3

Lesions:Ulcers:Stomach

Osteopathy:Lesions

p. 3, par. 1, 2
A-3

Prescriptions:Olive Oil:Ulcers
:Saffron,Yellow,Tea:Ulcers

p. 3, par. 2, 3
p. 3, par. 2, 3

Psychosomatics:Ulcers

p. 2, par. 2

Ulcers:Stomach

Background: 5/4/27 Mr. [900]'s letter: "[4786],
our maid, doesn't seem to be able to get herself
straightened out physically. She seems to have a more or less constant
pain high up in the stomach that cathartics do not seem to remedy. She
seems to suffer particularly when she eats, with the result of reduced
eating and loss of weight. She looks very badly of course. Both [136]
and I would therefore appreciate your taking a P-1 for her. She really
seems like a very refined and nice girl and I often wonder what her past
history is, that is the L-1 history, I mean. It is peculiar, but I wonder.
At any rate, she is in need of a physical, and we'll appreciate it if you
take it."

This Psychic Reading given by Edgar ..

Cayce at his office, 115 West 35th Street, Virginia Beach, Va.,
this 6th day of May, 1927, in accordance with request made by self,
through Mr. 900.

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading

7:15 A.M., EST.

New York City.

Mrs. C: You will go over this body
carefully, examine it thoroughly, and tell me the conditions you
find at the present time, giving the cause of the existing con-
ditions; also the treatment for the cure and relief of this body.
You will answer any questions regarding same I may ask you.

1 Mr. C: Yes, we have the body here.

2 Now, we find there are specific condi-
tions in the physical structural portions of the body that produce
disturbances in the physical functioning of organs, and the results
of this disturbance are often being treated, rather than the cause
of conditions.

3 These, then, are the conditions
as we find with this body, [4786], we are speaking of:

IN THE BLOOD SUPPLY

1 This shows the effect of the lack of rebuilding forces in the body, rather than of any condition directly in the blood stream causing trouble.

IN THE NERVE SYSTEM

2 The general physical condition, and worry, has more to do with disturbances in the nerve than any of the inflammations as are produced in various nerve centers and plexus by the disturbance in the system.

3 In the physical forces, or the functioning of organs and the disturbance as produces that as is seen in the body: We find in times back there was an injury received in the 3rd, 4th and 5th dorsal, where lesion has formed (body was hit in the back, see?), and it is internal - the lesion internal, see? and this pressure produces that pressure on the direct reaction to the stomach until the cardiac orifice has those of lacerations and ulcerations in the upmost portion of same; so that even taking of food causes distress, and with the digesting of food poor assimilation, poor elimination. Water hurts even as much as food, almost, and this is in the state of becoming very detrimental to the body.

4 In the general forces, then, these are the conditions to be corrected, and these are the conditions to be

met.

1 Then we would first, through the manipulation osteopathically, begin the correction of those conditions in the dorsal region.

2 With the throwing off of the condition by absorption, there will be many disturbing forces brought about in the body. Then we will find, after the fourth (4th) treatment, the body should begin with these properties in small quantities and increase or diminish as the body assimilates same:

3 Prepare Yellow Saffron Tea, see?
One (1) ounce to one (1) pint of water. Let it steep (not boil or simmer - but steep) for an hour. Then strain off. This may be kept just so long as it doesn't sour, see? This should be taken as sips - small sips, and in between these sips take small sips of pure olive oil. Not that that becomes rancid in system, but just small sips, that this may be assimilated by the stomach proper, and this will give, as it were, something for the corrected stimulus to the nerves of the upper portion, or to the cardiac end of stomach, to build upon. There is the hardening of the stomach wall itself, and this will, as we see, give better reaction to same.

4 We would then, after this has been given for some ten (10) days, begin the wearing of the Double X Radium Appliance, that we may strengthen the whole vibratory force of

1 blood and nerve supply, giving tissue the ability to secrete sufficient of the juices in the system to carry on the capillary and the lymphatic circulation; for the tendency is - with the drying of these conditions - to reduce the lymphatics, and this must be increased.

2 Do that.

Q-1. What should the diet be for the body?

A-1. That that is easily assimilated. Preferably beef juices and those o tomatoes - the juice of same - so that there is not too much of anything. The body should take just what the body will assimilate, see? Beans, lentils (no fish! no fowl!), beef or mutton, or goat, kid, bear, deer, or any of the wild may be taken - but not fish or fowl, see?

Q-2. Where should the appliance be worn?

A-2. Across the 4th and 5th dorsal vertebrae.

Q-3. How many adjustments will be necessary?

A-3. There should be several given towards the first, often. Then will be necessary to extend these over a long period of time, until at least fifty or sixty (50 or 60) are taken; for, as given, this is internal, see? and they may be stretched over a long period of time; that is, year to two years; but these corrections or reductions must be made; yet once corrected, we will find the body will respond to the conditions, see?

We are through for the present.

5/19/27 Mr. [900]'s letter: "Our maid [4786], as you saw, is a meek, willing little girl and we tried hard to do for her. We got her the rdg. for her health & she does feel better. We sought only means to help & do for her." [See rest of his letter copied into 136-64 Background re. his wife's diamond pin being stolen. etc., and 4786 being suspected. See also 136-65 asking how they should handle the situation. See also 140-19, 12/19/27, commending [136] for handling the situation so as to help [4786] develop spiritually.]

INDEX OF READING

By: J.M.S. 10/21/60

5216-1

F. 63 yrs.

**Attitudes & Emotions:Condemnation
:Helpfulness**

**p. 2, par. 6
A-3**

Cancer:Ulcers

Diet:Ulcers

p. 2, par. 4

Electrotherapy:Short Wave:Ulcers

p. 2, par. 3

Healing:Consistency & Persistency

A-3

Injections:Hypodermic:Liver:Warning

p. 2, par. 4

**Physiotherapy:Packs:Glyco-Thymoline:Ulcers
:Grape:**

**p. 2, par. 2
p. 2, par. 2**

Prescriptions:Glyco-Thymoline:Antiseptic

p. 2, par. 2

:Lavoris:Antiseptic

p. 2, par. 2

:Saffron, Yellow Tea:Ulcers

p. 2, par. 5

:Slippery Elm Bark Tea:Ulcers

p. 2, par. 5; A-1

Sensations & Symptoms:Pain:Heart:Gas

A-2

Ulcers:Duodenal

Ulcers:Stomach

This Psychic Reading was given by Edgar Cayce at the office of the Association for Research and Enlightenment, Inc., Arctic Crescent, Virginia Beach, Va., 6/12/44, pursuant to request made by daughter, Mrs. 7064, member of ARE.

BACKGROUND FOR READING

Contact: Daughter 7064.

Personal Data: f. 64; b. Nov. 26, 1879; res. Calif.; widow; 4 children; librarian; Protestant.

Communications: 8/18/43 Daughter's letter: "... My sister asks me to also ask your help with my mother. She has had many operations and is now developing a pain in her side and an ache where one of her breasts is removed. This is more important to us than all the rest..."

Daughter's letter 11/1/43: "... I do pray my mother's reading will be earlier. My father died 4 months ago, and I feel so responsible for mother. She has had so many major operations that I wonder she is alive; now her stomach is hurting her fiercely, everything she eats turns to acid, and the doctor seems to think there is nothing much wrong. On top of everything else, 2 years ago she developed heart trouble. She is very energetic and will not give up, but pretends to be a little cynical at times about the whole thing..."

Present: EC; GC, Conductor; GD and JF, Stenographers.

Time of Reading: Bet. 3:30 - 4:30 P.M., EWT.

Suggestion by GC: Now, you will have before you the body of /5216/ who is at ... Calif. You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time, giving the cause of the existence of this condition, also the treatment for the cure and relief of this body. You will speak distinctly at a normal rate of speech, answering the questions as I ask them:

* *
*

R E A D I N G

EC: / after repeating suggestion in an undertone /

1 Yes, these are quite serious disturbances with this body. As we find, these are from inflammation of the whole intestinal tract, with those formations in the lacteal ducts of accumulations which, when emptied, cause a great deal of fluid that is not good. This, as we find, cleansed from the system, would leave it so weak, as it is most of the time when these accumulations break, and

1 there is at times blood in same.

2 We would prepare a grape poultice, fresh grapes,
leaving the hulls and pits in same. Apply this about twice each day
for 2 or 3 days at a time, and then rest a period from this and use
Glyco-Thymoline Packs, using only Glyco-Thymoline or Lavioris as an in-
testinal antiseptic.

3 Also give the radio-short-wave treatments for stim-
ulations that will allow the poisons to be eliminated.

4 Have the foods that are easily assimilated, as a
great deal of beef juice, liver and liver extract. Take these in small
doses. Do not give hypodermically.

5 Slippery Elm Bark, if this is prepared in a tea
and allowed to be cooled and drunk, would be well. Also Yellow Saf-
ron prepared by putting a pinch between the thumb and forefinger, and
this put in a cup and boiling water poured on same. Let stand for 30
minutes, strain, cool and drink. This take about every day and we
will make better conditions for the body.

6 Do keep the spiritual attitude differently. Don't
condemn, don't blame others, for it is within self.

Ready for questions.

Q-1 How should the Elm be taken and how often?

A-1 Elm may be taken every day, just so that there are the elimina-
tions and this doesn't ferment in the alimentary canal, but it
will be helpful for the conditions through the alimentary canal,
especially in colon. A pinch put in a glass, pour boiling water
and let stand for 20 to 30 minutes, then put in an ice-box until
it is cool and drink. It will be as slime, of course, but this
is what's needed in the alimentary canal.

Q-2 What causes heart disturbance?

A-2 The pressure by the gas in portions of the colon, in the trans-
verse and descending colon area. This would be found in the ab-
dominal area. These are not heart disturbances but sympathetic
from pressures of gas on the hypogastric.

Q-3 What can her daughter do to help her?

A-3 We haven't the daughter but help can come by consistency, prayer,
earnestness in wishing to be of help; then doing something about
it.

We are through with this reading.

*
* *

cc: 1 Daughter
1 ARE
1 Index

Re. Glyco-Thymoline Pack
.../current data avail-
able ARE./

INDEX OF READING
by J.M.S. 9/26/60

5226-1
F. 58 yrs.

Arthritis:Tendencies:Hives

p. 2, par. 1

Attitudes & Emotions:Fear

A-4

Diet:Salt:Kelp:Hives

p. 2, par. 5

Exercise:Hemorrhoids

A-2

Hemorrhoids

A-2

Hemorrhoids:Cured

A-2
7/9/48 Letter

Hives

Hobbies:Helpfulness

A-5

Intestines:Colonics:Hives

p. 2, par. 2, 3

Physiology & Anatomy:Hives

A-1

Physiotherapy:Applications:Tim:Hemorrhoids
:Baths:Fumes:Witchazel:Hives
:Rubdowns:Pine Oil:Hives

A-2
p. 2, par. 4
p. 2, par. 4

Psychosomatics:Hives

A-1

Ulcers:Stomach

A-3

Work:E.C.:Quotations & Similes:
"Do A Good Deed Daily"

A-5

This Psychic Reading was given by Edgar Cayce at the office of the Association for Research and Enlightenment, Inc., Arctic Crescent, Virginia Beach, Va., 5/26/44, pursuant to request made by 7026, member of ARE.

BACKGROUND FOR READING

Contact: TIR.

Personal Data: f. 58; b. Nov. 1, 1885; res. Calif.; single; occupation not indicated; unemployed; Episcopalian and Lutheran as a girl; interested at present in Theosophy and occultism.

Communications: 3/13/44 Letter: "After reading TIR, I found you not only gave hope to those of us needing help, but you were teaching ancient wisdom as Theosophy gives it. I hesitate to ask your help realizing the many demands made on you, but after 7½ years of constant giant hives, I hoped you could give me a reading too. Allergists and skin men are puzzled. An old friend, a doctor from Chicago, student of occultism, suggests a poison is set up from chronic constipation and stomach ulcers, colitis and gall-bladder trouble. I believe a vaccine made from my own blood and injected periodically may cure. As it is, I am rather handicapped and unable to go in public very much, and of course, my nerves are on edge. If you suggest osteopathy, can you give me the name of a reliable one? I expect to see our best internal medicine man, as soon as he is out of his sick room. This man if from Mayo's and probably will insist, as do dermatologists, on carrying out their own ideas..."

3/23/44 Letter: "... For years we considered the annual visitation of vicious giant hives due to heat allergy. Now they came in fall, and for 6 months have kept me from a normal life. After reading TIR... I felt you could diagnose where doctors failed. A doctor friend, prominent in Theosophical Society, says a toxin is generated through ulcers of stomach, liver failing, chronic constipation and gall-bladder. But the specialists are a queer stubborn breed..."

5/2/44 Letter: "... One so-called authority insists I see a psychiatrist, as he insists it is resentment, repression or rebellion back of all the hives. This caused me to consult you... At present I have no hobby or work I feel I can do, neither very clever or efficient, and of course, am worried, which probably causes stomach ulcers. Being alone, no family but a busy far distant brother, and no idea of marrying, also worries me about old age, in a world upside down... What can you do for a long standing case like mine? Constipation and piles are also in the litany. My home is too expensive, but acute housing shortage keeps me from selling as we would have no other place... Chronic hives prevent any plans or much activity..."

5/13/44 Letter: "My particular worry now is over advancing old age and being ill with arthritis (have it under control now), and alone. It's a black future. Enough to give one the hives."

Present: EC; GC, Conductor; GD and JF, Stenographers.

Time of Reading: Bet. 3:30 - 4:30 P.M., EWT.

Suggestion by GC: Now, you will have before you the body of /7026/ who is at ... Calif. You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time, giving the cause of the existing conditions, also the treatment for the cure and relief of this body. You will speak distinctly at a normal rate of speech, answering the questions as I ask them:

* *
*

R E A D I N G

EC: /after repeating suggestion in an undertone/

1 Yes, conditions are not good as we find with this body. There are the effects of arthritic tendencies. These arise, as we find, from dilations and disturbances through alimentary canal and colon.

2 There would be then, thorough hydrotherapy treatments, these taken rather as a series. In the first series, take about 8 or 10, once or twice a week, or twice one week and once a week the next, until 10 or 12 of these are taken.

3 These should include colonic irrigations, one about every 10 to 15 days in the beginning, and keep them up until little or no mucous is indicated in the stool.

4 Also at each hydrotherapy treatment, we would have a mild, very mild sweat, preferably with a Fume Bath using witch-hazel, this in hot water and the steam from this settling over the body. Follow this with a thorough rubdown using pine oils for this body. If these are done properly we will get results.

5 Then the diet: Keep more in accord with better eliminations, more raw fresh foods taken. Little or no salt except kelp salt or what is called health salt.

6 This, as we find, should bring much better conditions for this body. Do that.

Ready for questions.

Q-1 What is the physical explanation of hives, and how may I overcome this condition?

A-1 These are from lack of proper eliminations and of allowing self to become aggravated and breaking the connections between cerebrospinal and sympathetic nervous systems. For this usually, as we find, comes from the area of the diaphragm and this is rather a combination. But with the character of treatments indicated and

the general attitude being more constructive and less of animosities, less of holding grudges or those things which make the entity speak of others unkindly, these will be overcome, for these destructive attitudes bring on self all the pent up feelings and they find expression in irritations.

Q-2 Piles?

A-2 Use Tim. And this exercise: Each morning upon arising, before dressing, gradually rise on feet at the same time gently raising hands above head. Then try and touch the floor with the hands. This gradually will raise the whole of the sphincter nerves, but cleanse same in the manner indicated and it will have much to do with correcting these conditions also.

Q-3 What causes the stomach ulcers?

A-3 Conditions just as have been indicated are the sources of the acidity of the body.

Q-4 How can I overcome fear of advancing old age and being alone?

A-4 By going out and doing something for somebody else; that is, those not able to do for themselves, making others happy, forgetting self entirely. These are as material manifestations but in helping someone else you'll get rid of your feelings.

Q-5 What hobby do you suggest?

A-5 Get rather the hobby of helping somebody else. As a hobby, any of these things which would have to do with work out of doors with flowers or such activities would be well, but do plan each day to do a good deed, for somebody who is not able to do for themselves. If it's nothing more than conversation of keeping company for and with someone who is "shut in" or the like, you'll find great help for self. Do that.

We are through with this reading.

■
* *

CC: 2 Self
(1 for Dr. 1397...Calif.)
1 ARE
1 Index

Re. Tim..../current data
available ARE./

REPORT

2/6/45 Letter: "... My copy is lost, could I have another one please...? I hate to ask you to work extra, but I need the reading." /Note by GD: copied by JF and mailed on 2/11/45/

11/28/47 Letter: "Sometime ago, I wrote head of your prayer group saying I needed prayers for my arthritis which grows steadily worse, and both feet and fingers are now bad... I am not bed-ridden but will be soon at the pace this disease takes."

11/7/47 Letter: "... Need help for arthritis. Miserable in jaw, at left ear, left knee, both feet. Please send Cayce's physical readings, whatever he has on arthritis... So very many out here are victims of this. Afraid I'll be helpless."

1/48 Letter: "My condition is worse at present."
...."

7/9/48 Letter from 1747: "I have used the Tim salve/recommended for piles in case 7026/and the exercise for hemorrhoids (288-P-26-27) and found it very good. My father and ... a friend have used this at my suggestion and have been helped very much."

2/22/52 Questionnaire-letter sent.

2/27/52 Reply to questionnaire: "Your letter of 2/22 addressed to Mrs. /7026/ has been handed to us as her Executor. We regret to advise you of her death on 2/8/52."

INDEX OF READING
by J.M.M. 2/14/62

5421-1
F. Adult

Cancer:Tendencies

p. 1, par. 2

Prescriptions:Rhubarb:Ulcers:Stomach
:Saffron:Ulcers:Stomach
:Senna:Ulcers:Stomach

p. 1, par. 1

p. 1, par. 1

p. 1, par. 1

Prophecy:Prognosis:Ulcers:Stomach

p. 1, par. 2

Surgery:Cancer:Tendencies

p. 1 [par. 2

Ulcers:Stomach

(approximately 1921?)
(2/23/21 See 5421-2)

1

Now, we have here the body of [5421], , Texas. They have been and are giving properties, medicinal properties to this body that have not been compounded in the way as was given here. The senna and rhubarb and other properties as were given to this body, part were compounded from old stocks that have carried with them another resistive force. Through their rebuilding and channels they produce microbes in this so that their action and reaction in the system, instead of producing an active principle to carry out the action of the digestive tract and carry from the system the feces were trying or producing more of a condition. The saffron that should have been given to this body, they are using a substitute. Those powders that act as a sedative to the duodenum are overcharged from fumes thrown out by other properties when this is set near it. All of these combined produce a bad condition in the system. Let them have this prepared again and follow the channels if we would reduce the fear and condition that we have in this system.

2

By the keeping of the feces in the system we will find the condition of ulceration in the stomach may become malignant. It will be necessary in that case to remove by the knife if it does not disintegrate the body and the mind and the spirit; if they do that, these conditions are gone.

- - - - -

GD's note: Above reading was listed originally under her husband's case number, [5771], for the simple reason that her given name was not used and the stenographer evidently left out the "Mrs" which subsequently was used in all her readings, just the "Mrs" in front of her

husband's initials. Since her husband [5771] requested six other rdgs. for her and never once requested a rdg. for himself (though he may have obtained one in those early days of which we have no copy), it is evident that the above rdg. was for her and not for Mr. [5771]. Perhaps it even should be numbered 5421-2 instead of 5421-1, since it refers to ingredients recommended in 5421-2.

On the film for preservation of the rdgs., Case 5421-1 is listed as missing and is filmed as 5771-1. Since we do not wish to juggle the case numbers around too much, this long explanation is made in order to clarify the difference which will be noted in the authentic original file on film and this master file for indexing and duplication.

7/5/32 Her son requested a rdg. for his wife [4438], saying: "I have all the trust in the world in you as I know what you did for my mother when she was at ... Texas."

Adhesions

Cancer:Tendencies

p. 1, par. 3

Cold:Congestion:After Effects

p. 1, par. 2

Diet:Ulcers:Stomach

p. 2, par. 3

Prescriptions:Dovers Powders:Ulcers

p. 2, par. 2

:Elm Water:Ulcers

p. 2, par. 2

:Potassium Perchlorate:Ulcers

p. 2, par. 2

:Saffron,Yellow:Ulcers

p. 2, par. 2

:Senna:Ulcers

p. 2, par. 2

Ulcers:Stomach

Water:Wells:Not Recommended

p. 1, par. 4

p. 2, par. 1

2/23/21

Background: See 5421-1, which may have been subsequent to this reading; no copy of earlier rdgs. on file.

Reading for Mrs. [5421].

By
Edgar Cayce.

1 Yes we have the body here. We have had it before.

2 This body is pretty sick right now, the trouble is with the stomach. We see there has been a great deal of change in the condition of this body here, Mrs. [5421] we are speaking of, since last we had it here. This body has been in a great deal better condition than it is at the present time or at the time that we had it before. The conditions that are produced in the system cause this trouble in the lower end of the stomach. We find where the thickening of the walls caused by the ulceration and healing from the first condition has become much disturbed at this time; it is caused by cold and congestion in the system, which settled at the weakest resistive point, or place in the system, and caused too much of the lactive juices to be thrown off, so congestion took hold here. With this congestion, and the extra amount of fluids thrown off, caused some trouble and inflammation in this portion of the body.

3 There has been too large a usage of some of the things suggested to be used before, until nausea has been brought to the body. This is not a cancerous condition in this body, but it might be if allowed to remain.

4 The water to be used should not be the well

1 water, as has been used, because it caused too much calcium.
The water this body uses should be thoroughly boiled and cooled,
and to each glass should be added either a stick of slippery
elm, or a pinch of the ground elm bark; and keep the water cold
that is given to this system.

2 As to the medicinal properties: to the dose
we would have

2 1/2 grains senna
1 1/2 grains dover's powders
1 grain yellow saffron
one twentieth grain red prussate [perchlorate?] of
potassium

This in five grain capsules, one to be taken night
and morning. Do this.

3 As to the diet that should be given at this
time: no meats; nothing carrying grease or any animal fats.
Give milk and cereals, changed from day to another. Fruits
carrying not too much acid, such as certain apples and pears.

4 Do this; and we find it will bring relief to
the body.

We are through.

Taken by Gordon N. Feb. 23rd, 1921.

GD's note: See 5421-1 which may have followed instead of preceding this
rdg.

7/10/25 See 5421-3 with subsequent correspondence indicating EC had
pulled her back from the grave in earlier readings.

INDEX OF READING
by J.M.M. 2/14/62

5421-3
F. Adult

Boils

Reports

Carbuncles:Anthrax

Reports

Colitis

p. 2, par. 1

Diet:Ulcers:Stomach

p. 3, par. 2

Intestines:Enemas:Egg:Ulcers

p. 3, par. 3

Mesenteritis

p. 2, par. 1

Physiotherapy:Massage:Oils,Olive:Temp.:Fever
:Packs:Ice:Temperature:Fever
:Rubdowns:Alcohol:Temp. Fever

p. 2, par. 2

p. 3, par. 1

p. 2, par. 2

Prescriptions:Cinnamon Water:Ulcers

p. 2, par. 2

:Elm Water:Ulcers

p. 3, par. 4

:Licorice Compound:Ulcers

p. 2, par. 3

p. 3, par. 1

:Limewater:Ulcers

p. 2, par. 2

:Saffron,Yellow,Tea:Ulcers

p. 2, par. 3

p. 3, par. 1

p. 3, par. 4

:Senna:Ulcers

p. 2, par. 3

p., 3, par. 1

:Syrup,Simple,Peptotol:Ulcers

p. 2, par. 3

p. 3, par. 1

Surgery:After Effects:Carbuncles

Reports

Temperature:Fever:Mesenteritis

p. 2, par. 2

p. 3, par. 1, 3

Ulcers:Stomach

P R E S E N T

READING

**Yuma County Hospital,
Arizona.**

1

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1 of water conditions more than of diet, as has been before, as was producing same before, now brings more distressing conditions to the system. Hence the lacerations, the condition as is produced in the swelling and inflammation shown in mesenteric system, and the effect of same as is produced in the whole body, alimentary canal specifically, inflammation through intestines. These, we see, are now in a very precarious condition. This may be assisted and helped.

2 We would, for these conditions at present, bathe the body often, or in portions of the body, with rub alcohol, to reduce temperature, adding to same soon after those properties of olive oils rubbed well into the system, especially over the groin and along the spine in lumbar and in lower dorsal region, giving internally small doses limewater and of cinnamon water, equal parts, to settle the stomach, reduce irritation. Also giving these properties as medicinal properties, in small quantity, until the system can retain same sufficient to be of assistance to the body.

3 Then, in Peptotol, 4 ounces, put
 20% solution Yellow Saffron Tea,.....2 ounces
 Senna.....4 grains
 Licorice Compound.....5 grains

Shaking solution well together, then give in

1 small quantities until the system is able to retain
same, using ice packs on head, neck, to reduce tem-
perature in the body.

2 Let the diet be those of arrow root,
junket, and of such natures, that are easily assimilated
in system.

3 Well that enemas be given at times
to reduce temperature. Also which may be followed
with egg enema, for the building up and resistive
forces in intestinal trouble, and as food for system.
These will be better taken in this manner than through
system, until we can assist the body to gain equilibrium.

4 All water as is drunk shall have
particles of elm, and Yellow Saffron Tea may occasionally
be given. Not too much of stimulants in any nature,
save that as necessary to keep heart's action normal.

~~Do that.~~

3/14/26 Husband [5771]'s letter: "...I will write you regarding another reading for Mrs. [5421] as she has been sick since last June and the doctors seem to have done all they can, but still she does not get well; so she asked me to write to you and see if you could not do something again for her, as you saved her life twice maybe you could again.

"Now, when we got your reading in July [5421-3] she was at the point of death and I have made arrangements to move her to San Diego, California, to a cooler climate and in the hospital there your reading at that time did not seem to be in accordance with her troubles, as her stomach seems alright. The trouble started with a carbuncle on her left arm and I got a doctor and he cut in it with dirty instruments and got it infected. It seemed to be a sort of anthrax infection. The whole arm swelled and was one solid infection. I changed her doctor and they took her to the hospital and opened her arm and put in seven drains and then we took her to San Diego and there they gave her a treatment in the veins which seemed to kill the germs in the blood and then this poison seemed to gather in big pus for abscesses which she had, seven or eight. The arm healed up alright but is quite [swollen?] still. She seemed to be getting along alright so I brought her back here to ..., Arizona. It was not long till she began to have swollen places on her limbs and pained awfully bad, so we thought it a sort of rheumatism and I took her to a radium hot springs not far from here and gave her baths which brought out four more of these abscesses. Now she is in bed most of the time.

"Now, Mr. Cayce, I have spent all I have got and still owe lots but if you can do her any good please do so and I will pay you as soon as I can. Hope to hear from you as soon as you can get a reading. Will close for this time. I remain your friend, [5771]..."

3/22/26 EC gave the fourth reading - 5421-4.

INDEX OF READING
by J.M.M. 2/12/62

5440-1
F. 51 yrs.

Acidity:Eliminations:Incoordination

p. 4, par. 1
p. 5, par. 1
A-3, 4

Anesthesia:After Effects

p. 3, par. 3

Ash:Animated:Blood:Oxidization

p. 5, par. 5
A-1, 4

Blood:Oxidization:Rejuvenation

p. 5, par. 4; A-4

Circulation:Lymph:Eliminations:Incoord.

p. 4, par. 2
p. 5, par. 4

Circulation:Poor

p. 2, par. 2, 3
p. 3, par. 1, 4
p. 4, par. 1

Diet:Eliminations:Incoordination

A-3

Electrotherapy:Infra-Red:Blood&Oxidization
:Ultra-Violet Ray:Blood:

p. 6, par. 1; A-2, 4
p. 6, par. 1; A-2, 4

Eliminations:Incoordination

Hypotension

p. 2, par. 3
p. 3, par. 2

Intestines:Enemas:Oil:Eliminations

p. 6, par. 2

Liver:Torpid

p. 2, par. 2, 3
p. 3, par. 3
p. 6, par. 2

Osteopathy:Assimilations:Eliminations

p. 6, par. 2

Prescriptions:Chalk:Acidity
:Hydrochloric Acid:Not Rec.
:Magnesia:Acidity

A-3
A-4
A-3

Prophecy:Confirmed

p. 1, par. 1
GD's Note

:Personal:Longevity

p. 1, par. 1

Rejuvenation

p. 5, par. 3, 4

Rest:Eliminations:Incoordination

p. 5, par. 4

Ulcers:Stomach

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 27th day of February, 1930, in accordance with request made by self, through Mrs. [267].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno. Mrs. [5440] and friend, and L. B. Cayce.

R E A D I N G

Time of reading

10:40 A.M., EST.

..., Va.

(Physical Suggestion)

1

Mr. C: Yes, we have the body here, [5440]. Now, we find while the conditions as disturb the body have been, and are, of a serious nature, with the proper precautions and care, we do not see why there may not be many days, many moon, added to the days and to the usefulness of this physical body.*

2

The conditions have to do with the digestive system and the intestinal tract, with the organs of digestion in the same condition with same. So, we have functional and organic disturbances.

3

These, then, are conditions as we find them with this body, [5440], we are speaking of, present

1 in this room. First,

2 IN THE BLOOD SUPPLY we find evidences
of the character of disturbance as first brought about disorders
in the system, through that of the torpidity of the liver and the
activities of the ducts as related to same, as bring about and
bring for the system the variations in the assimilated forces as
are necessary for proper replenishment.

3 In the present, we find the blood
supply low, the vitality used up, and the liver and its organs of
assimilation as related to same in distress. The blood showing
subnormal in pressure, pulsation showing in its abnormalcy and the
coagulative elements in same below normal.

4 IN THE NERVE SYSTEM - these we find
rather sympathetic with the condition, and may be considered in the
present state rather that as of passive, with the activities as it
has been necessary to use or administer for the retractions in
system, as to prevent that distress as comes in the system itself
proper. May be called, then, passive.

5 IN THE FUNCTIONING OF THE ORGANS
THEMSELVES:

Brain forces are very good.

6 Organs of the sensory system dulled
at times, through the activity of the sympathetic and cerebrospinal
nerves, as are active only under the stress.

1 Lungs, bronchia - all show the effect
of a depleted circulation.

2 Heart's action, as seen, subnormal -
but not organically disordered.

3 Digestive system and the stomach,
and the intestines - here we find the seat or the cause of the di-
orders; beginning in times back from ulcerations, or lacerations
and then ulcerations, then the variations as have been brought about
in the system by the effect of the system being subjugated to those
of repression in the system, by the application of anaesthesias in
the system. These, then, brought distresses, as we see, through that
of the deadening often of the nerve reflexes and incapacitating the
reaction for the digestion; for the conditions as caused the dis-
tress have not been reached. The strong medicinal properties to
become active as those of the actions through the system itself, or
through the alimentary canal, have produced that as would be termed -
that pitting in the intestinal system has caused for the vegetative
nerve system, that of almost a nil in activity. The liver becoming
so torpid, the pancreas, the duodenum, until the walls even in the
duodenum are much less than the half of its normal area in its
functioning with digestion.

4 The organs of the pelvis, the mesenteric
system throughout - becoming under distress, the blood becoming slow
in its circulation, needed most for an internal disorder - that

1 produces both temperature and the necessary accumulation of an acumen in the coagulation necessary for the inroads of an over acid force as acts as carrying away of the mucus membranes in same. Not in the form of malignant, nor in the form that would eat or destroy through that of any of the tubes, or in the form of internal antroid or antrum reaction. Not becoming wholly in the form of that, that would necessarily destroy - yet in reaching the distressed area, too severe measures have been applied.

2 In the rest of the system - as in the capillary circulation, the emunctories and the lymphatics, these are so subjugated - that is, the necessity of same is so necessary in the internal system - little respiration occurs, none of the general condition of eliminations taking place through the pores of the skin; for the first we find disorders in the kidneys from the disturbance there, of the accumulation of forces not carried out of the system in other ways, bringing distresses through the whole of the hepatics and their circulation in same; then again we will find the breath becomes reactory, and the system attempting to throw off there; then the pains through the stomach, the duodenum, the intestines themselves, the colon, the sides, and all of the vegetative system become almost unbearable. Then, resorting to reactions in the nerve system - by deadening same - allows for a time the build up of the system. Then at times the body feels better, easier, more active - yet the re-occurrence of the conditions becoming

1 over acid and the whole condition repeats itself; gradually losing
in its strength and vitality.

2 Now, to meet the needs, as we would
find, to bring about a nearer normalcy - and the easing of the
conditions in such a way as to bring vitality and resuscitating
forces in the system:

3 These must, of necessity, be building
in its nature, and there must be expected retractions at times that
will be somewhat discouraging; yet the healing must come from within -
that is, life force - or cell units - must build within, or from
within, in such a way and manner as to bring resuscitating life
energy through the whole system.

4 We would begin, then, with first
rest that is of the nature that gives the most of oxygen loosened
within the system, that the blood itself may have more resistive
force, and that the building of the emunctory and lymphatic circula-
tion may again have its part in building up the forces in this body,
[5440] we are speaking of, in such a way as to have resistance at
each of the conditions of retraction that occur, and lessening the
weight or the reactory forces to such an extent as to build up.

5 Taking, for this, those properties as
would be found in the medicated ash in small quantities at least
twice each day; following same - after taken for two or three days -

1 with the lights of the ultra violet - not too long given, as to cause too much reaction in the exterior portion of system. Also occasionally - once a week - there should be given those of the Infra Red, that are deeper in their activity. These, in the beginning, should be given of a very short duration, but should be of sufficient intensity or of duration and intensity to penetrate sufficient to awaken the internal forces of the system.

2 Giving in the water and in the food values those of the assimilation that will strengthen from within. Oil - olive oils, white oils - may be used for the enemas to cleanse the lower intestines; and the manipulations should be given to form the proper assimilation of the strength and vitality throughout the system. We would find that it would be necessary, in the first three weeks, to at least change the applications in diet and in those that will bring about the activities in the liver, those that will renew the proper proportion of activity in the kidneys and in the system throughout, to the variations as will be brought by these applications. Begin in the manner as outlined - then we may give the variations as would be of assistance to this body.

Ready for questions.

Q-1. What should be the dosage of the medicated ash?

A-1. Eighth of a grain twice each day for the first week.

Q-2. Just how long at a time should the lights be given?

A-2. This has been outlined for it as to, that there should

not be created too much reaction in the system, either by those that are for the superficial forces in the body or those that are of the deeper. These are to depend upon the reactions to the body, and use common sense!

Q-3. Please give a more specific diet.

A-3. These must be in accord with that that is to be applied, when that is applied as we have given. When this is begun, we will give it for three days - then it may be necessary to change, for we would begin with those forces as are easily assimilated. Let's begin, for the first three days, as with this: Sufficient of Magnesia and Chalk, with whatever activity that there may be the constant proper reaction between the acidity and super-acidity as has existed, and naturally does exist from the reactions as have existed in the body. Those of the dried milk, those of the beef juices but none of the flesh itself. Those in the beginning, for the first three or four days, should be of the juices - even the vegetables, rather than those of the heaviness, as may be called, by the food or fodder itself.

Q-4. Should hydrochloric acid be stopped?

A-4. Should be stopped, if we are to take that which is to become healing. We find here this condition as exists in this system: In the intestine and in the duodenum, especially, the acid has produced such a state, as given, as to cause at least nearly a half of the area of the system's assimilated force to be reduced in the system. With the administrations of the ash - which releases within the system, by the application of the electric forces that release carbon and oxygen within the body itself - in the releasing of those of the hydrochloric in the intestine, in the state in the cardiac end, this acceptable, on account of the over forces active in that portion of the system, through the central nerve plexus - but that in the lower end, not so good. Destructive in its nature. We are through for the present.

Copy to Self

" " Ass'n office
" " Cayce Hospital

*GD's note: 2/12/62: Test mailings from time to time indicate that Mrs. [5440] at least lived for 20 more years; we don't know after that because the last mail came back marked "Address Unknown." She may still be living.

INDEX OF READING
by J.M.M. 12/26/61

5618-1
M. 50 yrs.

Alcohol:Not Recommended

p. 2, par. 1

Anemia:Tendencies

p. 1, par. 1

Cholecystitis

p. 1, par. 1

Clairvoyance Of EC:Conditions Confirmed

Reports

Cold:Congestion

p. 1, par. 1

Eliminations:Poor

Environment:Altitude:Tuberculosis

p. 2, par. 1

Liver:Torpid

p. 1, par. 1

Neuralgia:Facial

Prescriptions:Arrowroot:Intestines

p. 2, par. 1

:Balsam:Intestines

p. 2, par. 1

:Elm,Ground:Digestion

p. 2, par. 1

:Limewater:Digestion

p. 2, par. 1

:Russian White Oil:Eliminations

p. 2, par. 1

:Tolu:Digestion

p. 2, par. 1

:Usoline:Eliminations

p. 2, par. 1

Skin:Complexion:Cholecystitis

p. 1, par. 1

Tuberculosis:After Effects

p. 1, par. 1

Ulcers:Stomach

Uremia

p. 1, par. 1

5618-1
M. 50 yrs.
M.D.

November 12, 1917

At 7:40 to 8:05 PM Mr. Cayce said:

1

In this body here of Dr. [5618], we find many conditions that are abnormal. We find many organs functioning imperfectly. We find some very exaggerated functioning, hence there is both an organic and functional trouble. Now as to the organs and their functions, we find, first in the head at times an over supply of blood, causing great pains at times to the frontal portion of the head and face. The blood supply in itself is below normal in the numbers of building forces in the system, that is the red blood is below normal. We find some trouble through the larynx in the throat caused from cold and congestion through the blood. The trouble in the throat is of long standing, some inflammation through bronchials and upper part of the lung. The anemiatized condition has produced exaggerated condition at times. We find the lungs choked from congestion and cold. We find old tubercular cells in the left lung, some of which have renewed activity, though no broken cells - they are within themselves still being supplied by lymph and forces by circulation. In the cardiac plexes find exaggerated functioning of the nerves and muscular forces to the lungs, heart action and refractory supplying forces, from these to the stomach. Condition in the stomach and nerve force and supply produces over-exaggerated forces here at cardiac plexes. Conditions we find in the stomach over-exaggerated functioning of the duodenum or lower stomach, fluids from the lower stomach are carried back to the stomach itself. Find the lower end of the stomach choked or enlarged - that is the outside tissues are enlarged, making the opening smaller, caused from nature trying to keep that which should have passed in its proper channel - in other words the condition is likened to flues in a boiler which are full of scales - enlargement is by nature trying to properly carry off that which should have passed properly. There is a lack of lactic fluid, too much hydrochloric is being kept in. The left lobe of the liver is inactive, the right is enlarged. The gall ducts are almost empty, producing condition of the complexion, bile is in the whole system - not eliminated. Kidneys are enlarged in attempting to eliminate from the system so much of the acid being carried to other portions of the system - this has enlarged these organs themselves. To restore this body to normal condition, there should be used in the system those properties which will establish as near as possible a connection between the stomach and intestines. Properties which will allow passage through the system, so that there can be taken into the system that which will build it up. Take first, oil which will not act on the system itself but which will be absorbed

1 by enlarged glands. Russian oil or Usoline should be taken, which carries little paraffin into the system. This should be taken until it will pass entirely through the system - even working it by manipulation through the stomach, take a table-spoonful 3 or 4 times daily. After it has passed or begun to pass through the system, take with the nourishment that is being given, that is eggs and milk, extract of beef - not the beef itself, with a small quantity of lime water which should be full of the elm and tolu. Take nothing that will produce heat or temperature, nor a stimulant that excites muscle or nerve forces, that is, no alcohol, till the system is thoroughly cleansed to the lower stomach. Any stimulant that is taken should be that which will act to the respiratory organs, producing perspiration to relieve the force on the tissues. As soon as the body is able, should move to a higher altitude. Other conditions in the body - that is, the blood will exert themselves and be relieved through the action to the system. An intestinal wash would be good - not acid but alkaline. Arrowroot, balsam and lime properties should be taken into the system.

2 Do this as stated and relief will be obtained from the pains to the head and face.

1/24/21 Wife's [760] letter [affidavit]: "...In referring to the wonderful power Mr. Cayce possesses, I wish I was able to tell what and all I know."

"He saved my life and possibly that of my son [1005] ..."

"Mr. Cayce also diagnosed the case of my husband [Dr. 5618], for what seemed an incurable stomach trouble of long standing with most satisfactory results; which condition had refused to yield to his own treatment or that of other physicians. ..."

7/30/22 EC gave the second reading, 5618-2.

INDEX OF READING
by J.M.M. 12/19/61

5641-1
M. 50 yrs.

Acidity:Ulcers:Stomach

Cancer:Tendencies

Cystitis:Acidity

p. 4, par. 2

Diet:Acidity

p. 6, par. 3

Digestion:Indigestion:Ulcers:Stomach

Electrotherapy:Ultra-Violet Ray:Ulcers

p. 7, par. 2
p. 9, par. 1

Habits:Smoking

A-1, 2

Headache:Acidity

p. 4, par. 2

Healing:Consistency & Persistency

p. 7, par. 3

Heartburn:Ulcers:Stomach

p. 3, par. 3

Insomnia:Acidity

p. 4, par. 2

Lesions:Acidity

p. 6, par. 4
p. 7, par. 1
A-4

Names:Organizations Mentioned:Battle Creek
Sanitarium

p. 6, par. 2

Osteopathy:Lesions

p. 6, par. 4
p. 7, par. 1, 2
A-4

Physiology & Anatomy:Ulcers

Prescriptions:Charcoal Tablets:Acidity

p. 6, par. 2; A-4

:Elm,Ground:Acidity

p. 6, par. 1; A-4

:Pepsin,Lactated:Ulcers

A-4

:Petrolagar:Ulcers

A-4

:Saffron,Yellow:Acidity

p. 6, par. 1; A-4

Prophecy:Prognosis:Acidity

p. 7, par. 3

Psychosomatics:Ulcers

A-3

Surgery:Ulcers:Stomach

Background
p. 4, par. 2
p. 5, par. 1

Ulcers:Stomach

Work:E.C.:Cayce Hospital

Background

5641-1
M. 50 yrs.
Dentist

Background: ~~Gastric Ulcer removed surgically.~~
Persistent hyperacidity and constant pain, etc. Patient entered
Cayce Hospital as a patient 7/20/29, listing the above as his ailment.
First apparent about 11 yrs. ago, various treatments from time to time.

This psychic reading given by Edgar
Cayce at his office, 115 West 35th Street, Virginia Beach, Va.,
this 20th day of July, 1929, in accordance with request made by
self - Dr. [5641], via Mr. [5413].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno.,
Mr. L. B. Cayce and Dr. [5641].

R E A D I N G

Time of Reading

3:45 P.M. Eastern Standard Time

. . . , New York City

(Physical Suggestion)

1

Mr. C: Yes, we have the body [5641]

here. Now we find, while the body is very good in some respects,
there are those physical condtions existent that bring distress and
dis-ease to the physical functioning of the body. These producing
abnormalcies for this body. These conditions are of the nature as
has to do with the digestion and the eliminations of the body. These,
then, are conditions as we find them with this body, [5641] we are
speaking of, present in this room. First:

I N T H E B L O O D S U P P L Y

2

This, in its activity, indicates the
condition as is existent in the digestion and the assimilation of

- 1 the system. The effect of same produces that as causes the variation in the circulation and the organs of same.

IN THE NERVE SYSTEM

- 2 Here we find a seat or a cause that is of a specific nature. There has existed in the system for times back a condition of a specific nature, in the region of the 5th and 4th dorsal vertebrae, a condition wherein the cardiac end of the stomach and the esophagus itself has been involved. This producing first a form of digestion that produced, and still produces (produced more in times back than at present) conditions of an over acidity, or hyper-acidity, or an accumulation of the hydrochlorics in the system, a lack of the lactics and lacteals, these being brought about much by the effects of the pressure as produced from the nerve supply in sympathy with those conditions in which the body labored in itself, and the constant reaction to the sensory system brought responding forces about those ganglia... The effect of this to the system brought those reactions in the hypogastric and pneumogastric plexus, which caused gradually the pulling of the stomach itself to a position wherein the duodenum did not respond in time of digestion properly. Hence the condition as has, and does as yet to an extent, exist there. This we are speaking of from the nerve standpoint, not the organ.

1 In the reactions as this has brought
to the organs themselves:

2 First, in the brain forces, the reaction
of nerve forces under subjugation in this region work, as is seen,
directly with those of the sympathetic. Hence the organs of the
sympathetic become involved, or the sensory nerve system became
involved. This brings about that form of sympathetic reaction in
the system, especially with the digestive forces, as that the whole
of the digestive system became, or becomes now, involved also. The
organs of the sympathetics, or the sensory system, show the effect of
these at times in an over activity, an over capacity of reaction to
the activities of the body; again we find these react in a directly
opposite condition, and the sense of smell, of hearing, of tasting,
is as dormant to certain conditions or certain elements; and at
others they are, as it were, super-sensitive. This a reflex condi-
tion, not a cause; rather an effect of a cause existent in the body.

3 Throat, bronchials, lungs and larynx,
these very good. In the cardiac end of stomach, and end of the
esophagus itself, do we find conditions as contrary-wise to the
nominal functioning of this portion of system. Hence the continued
re-gurgitation, the belching, the burning sensation, the activity as
is nominally known as heartburn, the filling up of the body over the
right and left side, or left side mostly at times; the filling up of

1 gases through the system - these are but reflexes of the activity of a mis-directed condition existent in the sympathetic, or in the secondary cardiac plexus, reflexes from the cerebro-spinal system.

2 Condition, now, as produced in the stomach itself from this condition - with a hyper-acidity, necessarily the lactics become dormant. Then we have the activity of the system, as it were, going about to digest its own self, and lacerations are the re-current conditions. These, passing into the system, prevent that of a normal digestion throughout the jejunum, or through the small intestines, or through the activity of the system where the chyle acts with the rest of the system. These becoming acid, then we have the acidity throughout the blood even itself. This being carried in this way to the whole of the system, brings, as it were, torments to the body in the way of restlessness, or insomnia, headaches, eye aches, feeling in the lower portion of the body as heavy - from the lower part of the portion about the pelvis, or just above the pelvis. At times the kidneys produce the burning sensation in their reactions. An acidity well assimilated in system, preventing assimilation of digestion. The lacerations occur, then, mostly in the upper portion of the body. While the operations as have been performed were for those minor conditions which occurred as reflexes in the pyloric end of the stomach. The changing even of the end of the stomach itself and its position has not, and did not aid in alleviating

1. the acidity. Why? The cause, or that producing same, has not been removed from the system! The continuation of the impulse to create that in the body that brings about same, naturally brings the resultant effects in the body. Remembering this: The vibratory forces of a body are made up of the cellular units of that as is created by the digestive forces of the body, as they carry to the various portions of the system that necessary to resuscitate the living organisms of the body, that must reproduce themselves in the living organism. When these impulses are such (as is here) as to bring more of acids, or more of those impulses that bring those of distresses to a body, acting through the sympathetic, acting through the hypogastric, acting through the forces of the normal activity of brain itself, the impulses can be none other than that. The resultant conditions are that the activity of the system is reduced to that of where the body must be etherized, or subsidized, in its activity through those forces as are necessary to dull the activity of portions of the system, that even a common development may take place, or even a subnormal activity through system. Now these conditions, as we find, may be relieved, will the body but carry out those that will bring to the system that of the necessary reactions for the body as to alleviate those conditions as produce same, reducing those activities in the system and building up those as are necessary to create balance and proper coordination through the body.

1

Then, do these:

First, for the proper alleviation of the conditions as do come to the digestive forces themselves, we would not take water that did not carry either those of elm or of the active forces in saffron - yellow saffron. These taken in moderation, but some property of one or the other - and they may be alternated regularly - must be in that taken. These will act with the gastric juices as to relieve those burning sensations as continue to act with the system.

2

Also taking those of charcoal - prepared with honey, or those as may be obtained from the Battle Creek Sanitarium. These carry sufficient of the properties that will carry six times their weight in acid in or from the system, and the honey - or those properties from honey - are such that they do not produce acid as do sugars from most other properties.

3

The diet of the body should be those of gruels, junket, whole wheat and cereals, with nuts occasionally. [See 3180-3 Clipping 1/70 on value of almonds in heartburn & peptic ulcers. Little meat, and not too much of vegetables, other than green vegetables - those may be taken in moderation.

4

Also, while these are being carried out, correct those subluxations existent in the lower cervical and the dorsal region, especially that existent where a lesion (circular in nature) exists in the region of the 5th dorsal vertebrae, or the

1 plexus of the 4th, 5th, and 6th.

2 Also, after these have been begun
(two or three days), we would begin with - every 3rd day - the
application of the ultra violet ray. Not to the stomach or the
portion of the body here, but rather to those of the cerebrospinal
centers from the 9th or 10th dorsal to the lower portion of the
cervical region. Begin with this at least thirty-eight inches (38")
from the body and gradually increasing, as the resistance is created
in system for both nerve and blood supply.

3 Do these, and we will find that the
body, acting consistently - yet know, when these are begun, the
body should rest for at least ten days, that the activities mentally
nor physically may hinder that as is to be created in the system!
but consistently and persistently followed, we will find that in
six to eight weeks a near normal condition for this body of [5641].

Ready for questions.

Q-1. Can the body smoke?

A-1. The body may smoke in moderation.

Q-2. Cigarettes or cigars?

A-2. Cigarettes better than cigars.

Q-3. Should the body start the treatment
here or in New York?

A-3. Wherever the body may get the
treatments carried out fully, just as is given, and in the manner

given, whether here or whether in New York. But this must be followed as has been outlined, or else we will find the sympathetic system so overbalancing that the body becomes sur-taxed with mental strain, which - as the body knows from its own personal experience, of how that under mental strain all physical reactions are subdued, or annulled, in a manner, to where the activities of that as is produced through the stomach forces of a body annulled by the over-activity of the blood's reaction.

Q-4. Should the corrections be made osteopathically?

A-4. The corrections should be made osteopathically, for as corrections are made, there must be consideration given to the conditions as exist with the sympathetic plexus that joins the cerebrospinal system at or near these centers that show distress. The alleviating of the condition within system may only be brought about by alleviating that which produces same, from the cerebrospinal system, and as this causes sympathetic reaction. Work all of these, as given, together. The water, or medicinal properties in water, would be those as given. The charcoal should be at least two lozenges each day, or a portion of a lozenge may be taken after each meal, and there may be, for the conditions, added those of the Petrolagar (that is non-acid), but with a tablespoonful of same add at least five (5) drops of Pepsin - lactated pepsin. This aids digestion, eases the activities of the stomach, and aids

in the reaction of same as it passes through the colon; especially alleviating, then, the poisons as are natural accumulations from the conditions as have existed in the upper portion of the intestinal system and stomach. To alleviate the condition and not remove same is to merely carry the condition to where it may produce other reactions in body. Hence, keep the bowels open while these properties are taken. While they are, of themselves, lactic in their reaction, these, remaining in the colon - either in the ileum or transverse - we would find would produce pain, but with the added strength as is given to the system through the aiding of the blood supply in the body, through that of the ultra violet ray, with the correcting of and stimulating of nerve plexus and centers, we will bring relief for this body. Do as given, We are through for the present.

Copy to Self

" " Ass'n office
" " Cayce Hospital

7/29/29 He secured his second reading, 5641-2.

**INDEX OF READING
by J.M.M. 12/19/61**

**5641-2
M. 50 yrs.**

**Diet: Menu: Ulcers
: Ulcers**

**A-4
A-4**

Electrotherapy: Ultra-Violet Ray: Ulcers

**p. 1, par. 1
p. 2, par. 1**

Habits: Smoking

A-4

Osteopathy: Lesions

**p. 2, par. 1
A-3**

Prescriptions: Charcoal Tablets: Acidity

: Elm, Ground: Acidity

**p. 1, par. 1
p. 2, par. 1
p. 1, par. 1
p. 2, par. 1
A-1, 2**

: Saffron, Yellow: Acidity

**p. 1, par. 1
p. 2, par. 1
A-1, 2**

Ulcers: Stomach

Work: E. C.: Cayce Hospital

Background

Background: See 5641-1.

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 29th day of July, 1929, in accordance with request made by self - Dr. [5641].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno., Dr. [5641], Dr. Thos. B. House, Mrs. C. E. Bundick, and Mr. L. B. Cayce.

R E A D I N G

Time of reading
11:40 A. M., EST.

Cayce Hospital,
Va. Beach, Va.

(Check Physical)

1

Mr. C: Yes, we have the body, [5641], here. This we have had before. Now, we find changes - some are bettered, some not so well. There has not been sufficient cooperation of the body with the suggestions as have been given, to determine the effect of same upon the body. We would give to use these, as has been outlined, in their entirety - and we will find the proper results coming from same. In the manner of the water as taken, with the properties in same - and do not, as given, take water without one or the other in same - no water without one or the other of the properties given, for the gastric juices of the stomach itself - taking charcoal in the manner and in the way as given - taking lights only

1 as has been given, beginning - as was given - not over three minutes at the time, and increasing only on each third day as these are given. The manipulations to the corrections of those conditions existent in the upper and central dorsal region will bring for the body those proper corrections. With the foods or diet, they will build for the system that as will, in its assimilation, build that necessary for the proper coordination and correlation of the physical forces of this body of [5641]. DO THAT!

Q-1. How much saffron should be put to a pint of water?

A-1. Just about the same as would be made for a weak tea - about two thimblesful to a half pint, or four thimblesful for one pint.

Q-2. Any beverages that are specially advocated?

A-2. The waters, as has been indicated - and leave the others off! If there had been others we would have given it! That of the water for the system must so impregnate each vibratory force in the system as to carry for each cell in the system that as is in those vibrations, either in that of the saffron or the elm, or both. That's why these are given as alternatives.

Q-3. Are the adjustments that the body has been getting being given properly?

A-3. These are very good. If the others were just as well - if the diet and the other vibrations for the system were as well, we would find differences for the system.

Q-4. What should be a sample of the diet for one day, for the three meals?

A-4. Morning - should be of gruels, with those of oaten or corn or rice, or such. Little of the citrus fruits may be taken. Much of the oils of nuts may be taken as will be well assimilated - not overtaxing same, see

Of the noon meals - should be at least two raw vegetables, and those that carry more of the iron and of the phosphorus in their activity in system. These may be either those in the raw or the cooked.

In the evening may be taken any of those that carry the iodine - that is, of the flesh of sea foods, and sands - these are well, with the still whole wheat or those of the properties that carry the gruels with same. Cream and little sugar may be taken on the cereals. No stimuli of any kind until we change the vibratory forces within the digestive forces of the stomach proper. Let the stimuli be with that of the smoking, but don't do that too much.

Mrs. C: That is all the questions.

Mr. C: Do this as we have given, and we will find the body will respond to these. We are through for the present.

Copy to Self
" " Ass'n office
" " Cayce Hospital

7/31/29 Patient returned to his home in
N.Y.
8/12/29 He secured his third reading, 89.

INDEX OF READING
by J.M.M. 12/19/61

5641-3
M. 50 yrs.

Names: People Mentioned: Kahn, David E.

Reports

Nausea: Vomiting: Ulcers

Reports

Ulcers: Stomach

Work: E. C.: Readings: Physical: Not Followed

Background: See 5641-1 and 5641-2.

5641-3
M. 50 yrs.
Dentist

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Virginia, this 12th day of August, 1929, in accordance with request made by self - Dr. [5641].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno.
Mr. David E. Kahn, Mr. C. A. Robinson, and Mr. L. B. Cayce.

R E A D I N G

Time of reading
10:30 A.M., EST.

New York City.

(Check Physical Suggestion)

1

Mr. C: Yes, we have the body, Dr. [5641]. This we have had before. Now, we would not change from that as has been given for the correction of these conditions physically as affect this body. We would adhere systematically and consistently with the manner in which it was given that these should be taken. When properties are given to produce or form certain conditions, or to produce certain functionings with the digestive system, and these are adhered to only partially, and other things are taken with this - as has been here - there needs not be expected other than that there will be the accentuation of distresses, to say nothing of the change in the diets as have been seen in two or three instances. Either follow that given or leave it alone! We are through with this reading.

Copy to Self

" " Ass'n office
" " Cayce Hospital

(Dr. [5641], as Mr. Kahn heard your reading, he asks that you call him at his office - phone Ashland 4720.)

8/20/29 David E. Kahn's letter - see pages 2-3.

8/21/29 He secured his fourth reading, 5641-4.



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PHILADELPHIA, PA.

August 20, 1929

Mr. Edgar Cayce
115 West 35th Street
Virginia Beach, Va.

Dear Judge:

I had a long talk with Dr. He has impressed me very much with the fact that he wants to do everything that the readings tell him to do. I believe that he and his wife are honest in their conviction that you can help them and will.

He went to the doctor to-day and was so nauseated that nothing would stay on his stomach and his wife had to inject food through another part of his system. I wish you would take a reading at once and ask the following questions:

- 1: Please give a complete diet naming the individual foods which will remain on the body's stomach for each of three meals
- 2: Please have the dietitian make up a six days diet and ask the reading if this diet is satisfactory for the best interest of the body
- 3: Is the osteopath treating the body as the readings tell him to
- 4: What changes should he make
- 5: What exercise if any should the body take
- 6: Can the body attend to his daily work and still be benefitted by the treatments.
- 7: If the body is not following complete instructions wherein is the trouble so that he can correct same.
- 8: What causes the nausea to the body after the osteopathic treatments.
- 9: Is it necessary for the body to go through this difficulty before he begins to get better



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8/20/29 David E. Kahn's letter:

Page 2

10: Is a starvation diet helpful to the body or should he eat more food than he has been eating

11: Does the water that he is drinking carry the proper medicants

12: Are the lights that the body is taking being given satisfactorily

13: What changes should he make in this

14: Please give the body any other advice and direction that you see fit because it wants to follow the advice and get well.

Judge, I would suggest that you add anything else that is necessary because I am convinced now that the man is really anxious to do what you tell him to do to get well.

Kindly send his reading to his home with a copy to me so that I can discuss it with him.

With kindest regards

As ever

David E. Kahn
EAK

8/21/29 DEK's wire: "Dr. [5641]'s address is..."

8/21/29 See Dr. [5641]'s fourth reading, 5641-4.

INDEX OF READING
by J.M.M. 12/19/61

5641-4
M. 50 yrs.

Diet:Beef Juice:Nausea:Vomiting

:Nausea:Vomiting

p. 3, par. 5
p. 4, par. 1
p. 2, par. 4
p. 3, par. 1, 3---5
p. 4, par. 1---3

Doctors Suggested:Green, Charles S.:D.O.
:Morrison, Thomas H.:D.O.

p. 2, par. 2
p. 2, par. 2

Nausea:Vomiting:Ulcers

p. 1, par. 1
p. 2, par. 1

Osteopathy:Ulcers

p. 1, par. 1
p. 2, par. 1, 2
p. 4, par. 3

Prescriptions:Cinnamon Water:Nausea
:Elm,Ground:Acidity

p. 2, par. 3
p. 2, par. 1

:Limewater:Nausea
:Saffron, Yellow:Acidity

p. 3, par. 2
p. 2, par. 3
p. 2, par. 1
p. 3, par. 2

Ulcers:Stomach

Background: See previous readings.

5641-4
M. 50 yrs.

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 21st day of August, 1929, in accordance with request made by his wife - also by Mr. David E. Kahn.

P R E S E N T

Edgar Cayce; L. B. Cayce, Conductor; Gladys Davis, Steno.
Mrs. David Levy.

R E A D I N G

Time of reading
3:50 P. N., EST.

N.Y.C.

(Physical Suggestion)

1

Mr. C: Yes - Now, we find there are accentuations of those disturbances as have been given for this body. These are from more than one cause. The first would be the manner in which there has been the administration of the manipulation. The conditions as have been described have to do with both the cardiac end or the inflammation about the cardiac end of stomach, and also that of the pyloric end, or the duodenum. In the stimulations, there has been made such adjustments and such stimulation of nerve centers as to produce more inflammation in the pyloric, and thus causing regurgitation, and in sympathy the conditions in the cardiac become active, causing the stomach to

1 roll, as it were, and an increase in the amount of the hydro-chloric as is produced there. The natural result from such conditions is to affect both the respiratory and the heart's action. Adding to this, also has been the character of the water - for, as given, this should be only as outlined, and not made stronger or weaker, nor other water than that given. This has, as we see, brought about the collapse with the body, and the vitality is naturally reduced by the constant strain as has been produced by the attempt to eject, emit from the system those conditions as have caused this regurgitation in stomach proper.

2 Now, to meet the needs at the present time, we would have no more treatments, first, by this physician. Rather from one in sympathy with what is trying to be done, and how it is trying to be accomplished. Such an one as in Morrison, or in any that is wholly in sympathy. Green, or such an one.

3 Then we would begin with small amounts of water carrying limewater and cinnamon water - equal parts
limewater and cinnamon water, with twice as much water as parts of limewater and cinnamon water, see? though this given in small quantities, until we allay this burning, this condition in the system.

4 Then, when the body is able to retain the least of food values, begin with small quantities of dry milk,

1 or of milk that is made with those of such natures as dried,
with the food and stimulating values with same. Give same rather
as medicine. Only given in small quantities two or three hours
apart, see?

2 The water that is taken, to a glass
full of water only a pinch of the elm, see? or when the saffron
in the next drink is taken, a teaspoonful of ordinary saffron tea
in a glass of water, or one steeped - one to twenty - teaspoonful
in the glass of water. Not necessary, to be sure, that the whole
glass be taken at once, but enough to satisfy the thirst, see?

3 Then, food values - begin with milk
that has egg beaten in same, with just spirits frumenti sufficient
to cook same, as this is beaten together - or champagne in small
quantities. These will satisfy, stimulate, and aid the system to
begin to gain a nearer normal equilibrium.

4 Then, for a food - we would begin first
with malted milks, see? Not large quantities, no. Small quantities -
that is, after the stomach is settled and following out the dried
kind as given first. These, do not conflict one with another - but
follow these. This may be taken two or three times during the
morning, see?

5 Then, for the noon hour, those of beef
juice. Not broth, not stew, but beef juice - and the juice only,

1 taken as medicinal properties.

2 To aid, then, these will add to
the system. Junket, and such. Arrowroot may be taken in a form
of jelly, or gelatin. These we would have at the lunch or noon hour.

3 In evenings, the milks may be taken
again - small quantities, not overloading - and the stimulation
osteopathically would be not so much stimulation of the pyloric
centers as to reduce those in the cardiac end and to the hypogastric
plexus, see? These, as we find, would aid the body.

4 When these have been followed, we will
find bettered conditions coming for this body. Then follow nearer
that as has been outlined. Do this at the present time. We are
through with this reading.

Copy to David E. Kahn
" " Ass'n office
" " Cayce Hospital

[8/24/29 See 900-450, A-5-7 indicating that Dr. 5641 left Cayce Hospital
without permission, before he was discharged.]

8/25/29 Emergency reading was requested by his wife, as he had been
taken to the Joint Disease Hospital in NYC. See 5641-5.

INDEX OF READING
by J.M.M. 12/19/61

5641-5
M. 50 yrs.

Diet:Nausea:Vomiting

p. 1, par. 2
p. 2, par. 1
A-4

Doctors Suggested:Morrison,Thomas H.:D.O.

A-6

Osteopathy:Ulcers

A-5

Prescriptions:Cinnamon Water:Nausea:Vomiting

p. 1, par. 2
A-3

:Limewater:Nausea:Vomiting

p. 1, par. 2
A-3

Ulcers:Stomach

Work:E.C.:Cayce Hospital
:New York Arrest
:Validity

Reports
Reports
Reports

Background: See previous readings.

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Va. Beach, Va., this 25th day of August, 1929, in accordance with request made by his wife - Mrs. ...

P R E S E N T

Edgar Cayce; David E. Kahn, Conductor; Gladys Davis, Steno.
Mr. Paul Fortin.

R E A D I N G

Time of Reading
5:45 P.M., EST.

Joint Disease Hospital,
124th St. & Madison Ave
New York City.

(Physical Suggestion)

1

Mr. C: Yes, we have the body here -
[5641] - this we have had before. Now, as is seen, the weakenss as is produced is from lack of nourishment and of assimilations for the system. As has been given, were those conditions followed as given, there should be no reason why the body would not respond, even at the present condition.

2

First, begin with those minute quantities of the lime and cinnamon water, until stomach is settled. Then begin with the milk, dried, that will nourish. When this has began to form assimilations, then do not give such quantities - or made as quantities as were given in that of milk, egg and spirits frumenti -

- 1 but just the small quantity of same at a time - not gobs or mouths full, but as medicinal properties. These will aid the system. Do that. Then we would give the changes as would be necessary.

Ready for questions.

Q-1. Can the body come to Virginia Beach at this time?

A-1. No.

Q-2. When should the body come, if he should?

A-2. When he gets in shape to come! Don't go to those until we get them in a condition so they can!

Q-3. In order to direct us on the lime and cinnamon water, what is meant by small amounts?

A-3. Teaspoonful.

Q-4.. Does that still hold good with milk, egg and spirits frumenti?

A-4. It does! and as medicine, not as quantities! but let the system first begin to absorb the milk before you begin with this. It takes twenty-four hours for absorption to fully take place in system. The body will not starve, if it is settled so that the gastric juices of the system may have the proper way in which to act. No water should be given after this, other than that carrying properties as have been outlined, and not in glass full, but small quantity. May be taken often, so that system will absorb same. Not so that it overflows, for this is just the same as pouring acid on fire.

Q-5. Should any osteopathic treatments be given at once?

A-5. If given properly, would be very good to allay the nervousness from strain and inactivity, or inertia.

Q-6. Is Dr. Morrison the right doctor at this time?

A-6. This has been given. Do as we have given! We are through for the present.

Copy to David E. Kahn

" " Ass'n office

" " Cayce Hospital

GD's note: Within a month Dr. [5641] died. We don't have the exact date of his death, but word came to us on 9/23/29 that he had died.

See page 3 for subsequent reports.

12/1/31 EC's letter to [2504]: "...I must tell you here, Mr. [2504], one of my experiences while in New York, as no doubt you remember Dr. [5641] and the outcome. A few days after I arrived in New York Dr. [5641]'s son, a young man 27 years old, came in to see me. He said, 'Mr. Cayce, I would like to talk with you a few minutes. I am sure you have wondered why you have not heard from my mother, sister, and me, since Father's death. We simply haven't known what to say. Not knowing you, not ever having met you face to face, and having been brought up in the way we had, we just didn't know what to say! You must have thought, knowing the true conditions, very much as the lady who introduced Mother to the work - she was a real good friend of Mother's, but she didn't even attend Father's funeral, feeling she has possibly shortened his days but introducing him to your work; yet we want you to know, that - though you did not give Father that which would enable him to live you did give him that he could die by! You did bring to his consciousness the knowledge of a living God! Father was past fifty when he came to see you, and he didn't believe in a hereafter or in a God - but if you could have heard him the weeks after his return from the Cayce Hospital, it would have done your heart good. He said to us over and over again that he knew there was a God, for he had seen Him manifested through a man giving his life to help others. We didn't have Father with us, suffering as he did, but we know that he has gone to the Father who makes all things well. We, his little family - his son, wife and daughter - have come to love God for you have made Him known to us!'

"I believe, Mr. [2504], that was one of the most touching experiences of my whole life; and then to have such a thing as being arrested for fortune telling come right on top of it - how can you explain it?"

(GD's note: Dr. [5641]'s daughter became a member of A.R.E. while we were in New York, 11/6/31, the day before we were arrested for fortune telling.)

3/31/39 Letter from a man inquiring about readings for himself and daughter: "...Many hours Dr. [5641] and myself were speaking about your reading while he was there. Dr. [5641] was an atheist until he came back from you, not only once but many times afterwards he told me '... ,Cayce's reading convinced me beyond any doubt that there is a God. ...' He had a terrible death but with this belief he was unshaken until the end."..."